The Angel resident

August 2013

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Welcome to

The Angel resident

Make the most of the summer – it won't be here forever

This month's cover:
Des McDonald, shot exclusively for The Angel resident by Joe Lord, on location at The Fish and Chip Shop on Upper Street

I remember summer holidays as a kid went on forever. Six blissful weeks without school, and in those days it never seemed to rain (or, if it did, it didn't bother me as much as it does these days). When I really think back, however, what exactly did I do for six weeks? What I would have given to have the options that face our youngsters these days.

To mark the arrival of the time parents probably dread, we have produced a mini (literally – as it's for kids, after all) special looking at three very different things to keep them entertained this summer. First up is Something Happening For Kids at The Place in King's Cross: a quite astonishing day filled with the very creative that will undoubtedly inspire. Then there is the ever wonderful Little Angel Theatre and their special summer workshops. Finally, we head outdoors and encounter the Gorilla Circus Flying Trapeze School. That was something I intended not to partake in.

These days, the summer for me is a far less energetic thing, something to sit back, relax and enjoy. Admittedly, I do an awful lot of sitting in the office, but when I do get out I make a beeline for one of Angel's many restaurants. There's an awful lot of choice, which has just gone up a notch with the arrival of two big names in the culinary world: Des McDonald and Thomasina Miers. This issue we interview both about The Fish and Chip Shop and Wahaca respectively, and find out why they couldn't resist the lure of Upper Street.

Of course, not every family wants to stay put during the summer, so do turn to page 33 for a look at the finest family destinations not a million miles away. Whatever you get up to, make the most of it – it won't be summer forever.

Mark Kebble
Editor

This month I have… been brushing up on my speech-making skills, having hosted a special Angel resident networking event at the brand new Club Room at Frederick's. It's when I realised why I am a writer. Still, the team looked great.

The heart of N1

This month's contributors

Having ripped her roots from the turnip fields of Norfolk, **Emma-Lily Pendleton** eventually settled in North London where she has since been spreading new roots, exploring the area's best places and meeting many local Islingtonites.

Stephen Einhorn has been producing his bespoke jewellery on Upper Street for the last 25 years. He is one of the very few jewellers who hand makes everything from their in-house studios, and this month let's us in on his Islington loves.

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Design & Production
Advertisement Design and Support provided by
Archant Production Services

Print & Distribution
Printing Headley Brothers
Distribution Letterbox
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August in Angel

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Angel life

Party time at Frederick's and The Gilbert Scott, and a new partnership begins

Clubbing together

The Angel resident were delighted to be one of the first people to experience Frederick's new Club Room when we held a special networking event to thank those who make this such a special magazine to work on. After some wonderful canapés and a glass of wine or two, magazine Publisher Eddie Pearce and Editor Mark Kebble took to the stage to give guests an overview of what we have planned in the months to come. What's more, the weather even behaved itself, meaning all present could also take in Frederick's beautiful garden area too. For the story behind The Club Room, turn to page 14.

EDITOR'S PICK OF THE MONTH

Angel's finest buys

LOCAL LUXE

Camden Passage's SMUG celebrate their fourth birthday on 20 July and they are launching the SMUG Writing Set in honour of this, priced at £30.

✤ 13 Camden Passage N1 8EA; 020 7354 0253; ifeelsmug.com

Fairy Dust is an exclusive addition to the Freya Rose Mother of Pearl Collection, a beautifully delicate peep toe slingback.

✤ Priced at £795 – for more, visit freyarose.co.uk or call 020 7354 8424

Islington-based beachflamingo.com is your one-stop-shop for all things in beachy luxury, with their latest range in line with current trends in style.

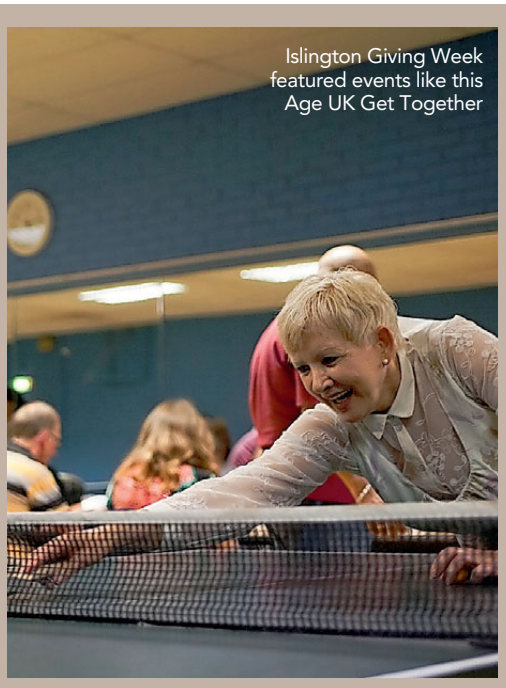
✤ Pictured is We Are Handsome, £214; beachflamingo.com

News scoop

For the first time in ten years a rise in dog fouling has been reported and, with 64% of people considering it to be the most offensive litter item, Islington-based Dogs Trust and Keep Britain Tidy have teamed up with celebrity campaigner and dog owner Ben Fogle to urge people to not only collect their dog's mess, but dispose of it properly too.

Hankies at the ready

An astonishing 15 million people suffer from hayfever these days, with 17% reporting that their allergies cause them to lose income.



Islington Giving Week featured events like this Age UK Get Together

Photo: Eleonore de Bonnevale

Perfect partners

The Angel resident is delighted to announce that we will be offering a unique insight into the work of charity Islington Giving on a monthly basis. Expect exclusive interviews, event coverage and facts and figures that will make you sit up and take notice. It's perfect timing, too, considering the charity has just run its first Islington Giving Week, which proved to be an overwhelming success. Running from 1-9 June, over 2,000 people engaged with an exciting and varied programme of events – visit islingtongiving.org.uk or The Angel resident's Facebook page for a full round-up of what took place.

CELEB SPOT

Garden party

We were present as Marcus Wareing and Chantelle Nicholson of The Gilbert Scott at St Pancras Renaissance Hotel unveiled Gilbert's Gin Garden. Set in the forecourt of The Gilbert Scott bar, the garden offers an unusual setting in which to enjoy botanically-themed gin cocktails. Previous Angel resident cover star Gizzi Erskine was also there.

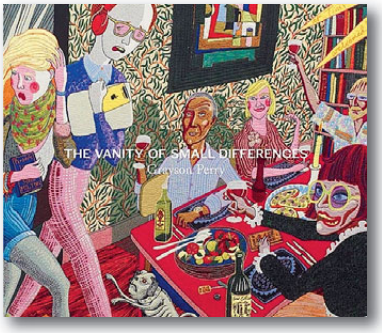
Gilbert's Gin Garden offers an unusual setting to enjoy botanically-themed cocktails

BOOK OF THE MONTH

Grayson Perry: The Vanity of Small Differences, £17.99

Telling a story of class and taste, aspiration and identity, tapestry series The Vanity of Small Differences saw Turner Prize-winning artist, and Islington local, Grayson Perry travel the length and breadth of the UK, 'on safari amongst the taste tribes of Britain'. In his BAFTA award-winning three part documentary series, All in the Best Possible Taste, Grayson explores the 'emotional investment we make in the things we choose to live with, wear, eat, read or drive'.

The Vanity of Small Differences is the beautiful publication accompanying the Hayward Touring exhibition of the same name. The book features Grayson's six vibrant tapestries bearing the influence both of early Renaissance painting and William Hogarth's moralising series, literally weaving characters, incidents and objects from the artist's research into a modern-day version of Hogarth's A Rake Progress (1733).



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Fredericks_N1
@Fredericks_N1
#tbt Remember yesterday, when **@HitmanHatton** came into the restaurant? That was cool... What's everybody having for lunch?

Islington Giving
@isgiv
Thank you for a lovely evening **@angelmag** and very excited to be working with you!

Emma-Lily Pendleton
@EmmaLPendleton
Writing up my interview with Des McDonald from Upper St's **@TheFishChipShop** today for **@angelmag** – making me hungry for something battered!

Huey Morgan
@hueymorgan
Foxton's, please paint your Mini's with the Union Jack. The skeleton thing is played out. Thx&Jeah

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Rosie Millard

Madness loved to go driving in their car, but our columnist doesn't share the sentiment

My month

✤ Disappointing dinner at Jamie's Italian. 'Sorry, we are out of Barolo. Sorry, we are out of Amaretto ice-cream. Sorry, sorry, sorry...' My supper at Jamie's Italian in the Angel was very much less than impressive. The waiter had a stained tie and an even worse attitude. And nothing was in stock.

✤ Bike riding around Highbury Fields. On the one single sunny day this year (so far), I took my sons up to the Fields. It was packed with picnickers, barbequeuers, loungers. Next morning, I ran around it at 6am. Not one scrap of litter on the grass. Well done, Islington Council.

✤ Louise at 171 Spa on Upper Street. For doing you know what... brilliantly and painlessly.

Although I am always singing the praises of NOT owning a car in Islington, when one is given one, if only for a week, it's a rather exciting event. And so when the Telegraph kindly asked me if I would like to use, and review, a little Chevy, I thought oh how lovely. 'We are looking for an Urban Person,' said my editor. 'And we thought you fitted the bill.' Well, absolutely. For what is the delightful Cally Road if not the ultimate in urban dwelling? Hence when a little turquoise Chevrolet Spark turned up outside Millard Towers, it was quite a thrill.

My job? To tootle around N1 and record how I felt about it. The Junior Millards, who are normally forced to walk to school and thus consider they have a deprived life, were ecstatic. And I felt quite good about it too, as far as recording my details for the Telegraph went. I went to Tower Bridge. I went to Brick Lane and bought bagels at night. I went to Wimbledon. I went to Hampstead.

But as far as readers of The Angel resident go, I would like to tell you how ghastly Islington itself is to drive around. You know this already? Yes, but as someone who usually NEVER drives (and then only in a Car 2 Go for about five seconds before being stopped by a policeman for dangerously placing the Junior Millards in the non-backseat), there are some Driving Issues within our area that you may not have noticed. Because you are so wearily used to them. And I don't just mean no petrol stations. I'm talking about the whole Traffic Infrastructure.

Here's my Top 10 dislikes...

1. The nightmare that is the Angel itself. Four, five, oh is it six separate sets of traffic lights? Frankly, conquering the Angel is rather like how I imagine crossing the Alps on foot might be. Arduous and tough, with moments where you feel like lying down and dying. It's very much NOT like its delightful baby-blue Monopoly avatar.

2. The hideous three-way nonsense at the corner of York Way and Copenhagen Street. With that optional extra, namely a weeny non-street by the Three Kings pub, which boy racers use, realise is blocked off, then roar back along, endangering old people/parents with buggies/dogs.

3. Why is there no left turn along Liverpool Road? You're almost at the Holloway Odeon before you are grudgingly granted 'access'.

4. Mindless width restrictions; Drayton Park, Barnsbury Road, Gaskin Street.

5. Potholes. Everywhere. Islington Council, please pull your finger out.

6. Pay and Display boxes that need Byzantine formulae for obligatory credit card payments and refuse decent, honest handfuls of coins.

7. Lovely and clear bus and bike routes that simply cock a snook at us drivers who are of course sitting drumming our fingers in a hideous, clogged mess.

8. Anyone on a bike. I am jealous.

9. Anyone walking. Jealousy squared.

10. Anyone running. Jealousy cubed.

> Conquering the Angel by car is rather like how I imagine crossing the Alps on foot might be. Arduous and tough, with moments where you feel like dying

Like the Alps? A typically busy morning on the road at Angel

✤ Agree with Rosie? Share your thoughts on this column at twitter.com/angelmag

Three courses

What has enticed Des McDonald and Thomasina Miers to Upper Street? Emma-Lily Pendleton and Mark Kebble find out

Culinary terms that require a consultation with Google are what you may expect to find on the menu at former CEO of Caprice Holdings' first solo venture. But instead, Des McDonald's Upper Street restaurant The Fish and Chip Shop is stripped back 'simple' British food that pays homage to the humble fish and chip shop, butties and all.

'I got to a point in my career and decided that it was time to do it for myself,' explains Des, who spent seven years as CEO of the group behind Scott's in Mayfair and J Sheekey in Convent Garden. 'I'd done almost everything I wanted to do but I'd never owned my own company – it was on the bucket list.'

The simple, folded brown-paper menu that sits between the salt and vinegar on the

tables is inspired by the everyday fish and chip shop menu with butties, wallies (the East End name for a gherkin) and battered fish. But don't let the name fool you – this isn't your average chippy. 'The name is a bit tongue-in-cheek,' admits Des, while sitting in one of the leather booths that line the back of his rustic cafe-styled restaurant with distressed floorboards, nautical lights and industrial-style furniture. 'We pay homage to the old-fashioned chippy, but we wanted to have some fun with it and bring it into the modern day.'

The emphasis is on quality and freshness. The fish is from sources approved by the Marine Stewardship Council and the saveloys (made in partnership with the local butcher) have taken four recipes to perfect – far removed from the re-constituted red-

Photo: Joe Lord

Des McDonald's new venture offers classic fish dishes with fine dining qualities, such as the oysters (pictured right)

We pay homage to the old-fashioned chippy, but we wanted to have some fun with it and bring it into the present

dyed meat that you normally get. There's a cold bar at the front of the restaurant where customers can sit at the counter to enjoy Dorset rock oysters and scallops. Fish pie, lobster, curry and hot salt beef also sit alongside the butties and battered haddock on the menu.

'It's fish and chips – we're not re-inventing the wheel. We start with fresh, sustainably-sourced fish and encase it in crispy, Camden beer batter,' Des says. But he's not denying that these are an up-market version. 'When we were at Sheekey and Scott's, we wanted to make sure everything was cooked fresh to order – it's the same here. There's no fish and chip counter hot box. Even if you order take-away, we advise you come in and have a drink while we cook it fresh. These are posh fish and chips.'

Helping him along the way, Des has brought with him some of the best in the business including Lee Bull, former Head Chef of Le Caprice, in the role of Executive Chef and Stephen Wilson, former Head Chef of Scott's and Daphne's. 'I've been working in this industry for 30 years,' says Des, who worked as a washer straight from school and was Head Chef of The Ivy by his mid-20s. 'I know lots of great people. These are all guys that I've worked with before – it's like being a football team manager, you need to get the right people in your team.' He's brought the people and the quality, but re-packaged it in a restaurant that doesn't require its diners to re-mortgage – fish, chips and mushy peas start at £13.50 and cod and chips to take away costs £9.

'I think there's been an explosion in the more casual market,' explains Des, on the move from fine dining. 'People are travelling less, but still want to go out and have fun. They're discerning diners who still want good quality food but in a more casual setting.' The attention to detail is obvious – the width of the hand-cut chips has changed three times since opening two weeks ago, from 13mm to 14mm to 15mm.

The standard is high, but it's the less formal atmosphere that's key for Des. 'I think there's a need for quality in the high street and I enjoy being in this slightly more relaxed environment. When you come in during the evening, it's a good vibe, people are waiting for take-away while sitting at the bar – I have this notion that it's decadent

Lobster with chips: a real indication of what the menu is all about

Photo: Joe Lord

THE OLD ONES ARE BEST

Frederick's has been a fixture in Angel for three decades, but they have unveiled a new chapter in the form of The Club Room. Matt Segal explains all...

Right on cue – and after a prolonged period of cloud and rain – the sun has come out and swept through the glass windows of Frederick's new Club Room. 'Before this was a private dining room,' reminisces Matt Segal (pictured above), 'there was no light and you could maybe seat 14 – now you can fit in around 40 and, as you can see, there's lots of light.'

The Angel resident was given a tip off about this new addition to one of our oldest and most popular restaurants earlier in the year. We have waited with bated breath and, judging by our recent networking event covered on page 10, what Matt and his team have conjured up has already been a huge success.

'We were granted planning permission for a separate room ten years ago,' Matt explains. 'We were initially thinking of Fred's, which would have been a mini bistro type of place, but then we came up with the idea of The Club Room with its entrance via Frederick's – so the two can complement each other.'

Perfect to host a range of events – from weddings and breakfast meetings, to parties for The Angel resident – the look is summed up by Matt as 'contemporary, but classic, it is still very much part of Frederick's'. Given the length of time this restaurant has been a fixture of Angel, that's good news all round – but what does Matt make of the newcomers, featured on these pages? 'The dining scene and the area in general is getting better and busier,' he says. 'We have got regeneration around Clerkenwell, and the developments at King's Cross – there are more customers out there and more people up for eating out. I am delighted that the likes of Des McDonald and Thomasina Miers are coming in – they are clearly going to be improving the area gastronomically. That's great news for us: they are raising the bar.'

Wahaca is already dotted around the capital, and the interview with Des suggests there could be more Fish and Chip Shops around London, but Frederick's have resolutely remained as a one-off entity. 'I don't think you can take Frederick's and put it somewhere else,' Matt considers. 'We have grown with the area and the area has grown around us. The community is very important to us: our local residents and businesses are our bread and butter. Our business is sending customers home happy. The way we do that is focusing on food, service and atmosphere – those are the core values and we stick to that.'

Frederick's, Camden Passage N1 8EG; 020 7359 2888; fredericks.co.uk

The Irish smoked salmon is already a firm favourite

to come and have a glass of wine, read the paper and soak up the atmosphere while you wait for your freshly-cooked take-away.'

And it's not just when waiting for your take-away that Des and Bar Manager, George Mazur, want locals to step through the restaurant's doors. The bar offers cocktails hand-made by George, all priced at an affordable £8. Many of the cocktails have sharp, lemon–dominant flavours and there's an oyster-complementing Bloody Mary created by George (a must-try, he insists). They want locals to come in, have a drink and enjoy the atmosphere.

With his move away from fine dining has come the physical move from the West End to Upper Street. 'Premium sites are hard to come by,' says Des. 'I've always liked Islington and I think there's a discerning clientele. I like the size of the space – it seats 70 and it fitted perfectly with what we were looking for. This is a destination street with lots of bars, a mixed crowd and it's a buzzing area – when you want a diner, that's a go-to area,' he enthuses.

'We will keep 50% of our tables free for walk-in trade,' adds Des, who is keen to develop a relationship with Islington's residents. 'Restaurants that over-book lose that relationship. You might have to wait ten minutes, but it's important to have that bond. You have to look after your local community.' Bring Your Own booze nights, cookery demonstrations and classes are also in the pipeline.

With such an impressive track record, it seems hard to believe that Des won't succeed. 'Food was in my DNA and I've had a few lucky breaks, but I always believe in working hard, tenacity and loyalty. You create a lot of your own luck.'

And, if all goes well, this is just the beginning. 'I've had telephone calls in the last two weeks from Germany, Hong Kong and New York,' he says. 'But whether I will end up taking it further afield, I don't know. We're in no big rush: we want to get this one right first.'

✤ The Fish and Chip Shop, 189 Upper Street N1 1RQ; 020 3227 0979; thefishandchipshop.uk.com

The classic prawn cocktail, The Fish and Chip Shop style

Mexican Wave

Mexican food Queen Thomasina Miers has finally opened a branch of Wahaca here – and plans to add to this area's vibrancy

Are you happy with your new Upper Street restaurant?
It's an amazing site. This feels more modern than the other Wahacas to me and feels quite edgy. It's exciting as it is our first site in North London.

What do you make of Islington's foodie scene?
It's really vibrant. I used to live just by the canal and there's plenty of choice, and favourites include Ottolenghi's and the Almeida. There are also some Mexican restaurants, but then they are not doing what we are. It's such a buzzy place.

Is the menu any different here?
It's similar to other sites, but we have got specials that change every other month – and we are thinking of changing specials to coincide with the different sites. The menu is just really fresh and exciting. We are looking to do a breakfast menu too at Islington, which we only currently do at one other site, on Charlotte Street.

Are there any particular dishes that stand out for you right now?
The salmon tostadas are great. We have been working very hard on a new chorizo, and we have developed a new broth. You simmer chicken and pork bones for four hours to produce this amazing broth, then it has little bits of pork in, amazing corn kernels, cabbage, radishes, spring onion and a bit of chilli. It's incredibly healthy and nutritious.

How do you feel when you look at how far Wahaca has come?
When I first started, so many people didn't know what Mexican food was all about, but I loved it so much when I was living out there. We have so many foods from all over the world here now, so I had this feeling that people would get it. I have been delighted to see the restaurants grow.

✤ Wahaca, 68-69 Upper Street N1 0NY; 020 3697 7990; wahaca.co.uk

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IF YOU BUY ONE THING THIS **MONTH**

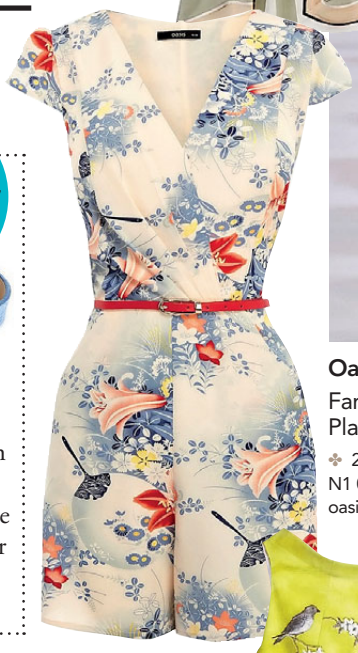
Opt for a practical, chic way to carry your picnic treats and other summer necessities around with this Crosby Bucket Bag, £195, available at Whistles. Perfectly finished and 100% leather, it also has a drawstring feature and adjustable straps for added ease. Leave the clutch at home.

✤ 135-136 Upper Street N1 1QP; 020 7226 7551; whistles.co.uk

Carine Gilson
Silk Crepe de chine Kimono, £570.

✤ net-a-porter.com

Style NEWS



Oasis
Fan Flower Playsuit, £50.

✤ 21 Parkfield Street N1 0PS; 020 7359 5620; oasis-stores.com

The Angel resident *LOVES*

LOCAL LUXE

Belt up

Stay pretty with this Seashell Skinny Belt, £39 from Jigsaw, available in three pastel colours and skinny design for ultimate versatility. Thread through some smart trousers for a playful twist, or accentuate your waist in a flowing summer maxi dress.

✤ 66 Cross Street N1 2TZ; 020 7704 6557; jigsaw-online.com

MALE ORDER

Straw man

Channel the laid-back nautical vibe for easy summer dressing with Reiss' Arvin Paper Hat, £39, and feel carefree this month. We think it's the perfect holiday accessory.

✤ 30 Islington Green N1 8DU; 020 7226 9632; reiss.com

Susy Harper
Bird and Blossom Dress, £210.

✤ 35 Camden Passage, N1 8EA; 020 7704 0688; susyharper.co.uk

THREE'S A TREND

Eastern promise

Kimonos are having a big fashion moment thanks to Prada and Etro's quirky offerings for summer '13. Make a feminine statement with bold patterns and exaggerated sleeves, and choose light silk for an inventive beach cover up. Alternatively, convert the intricate beauty of traditional East Asian prints on a simple summer dress.

Edited by **Trudie Carter-Pavelin**

itsu
eat beautiful

Eat Beautiful

The early pioneers of Pret are the creative force behind itsu.

Years of listening and reacting to customers encouraged us to build a new type of food place dedicated to skinny but delicious food; sixty two dishes - light, green and good for you.

Apparently the secret to Pink Floyd's breathtaking music is as much about what they left out as what they put in; a bit like itsu, less fat, more bounce.

Welcome to our eat beautiful menu… bright salads, fields of crunchy vegetables, hot & nutritious brown rice & noodles, light soups, 'low carb' bentos, fresh sushi, go·go pots, skinny salad·sandwiches, mayonnaise-free sauces & zero fat frozen yoghurt...

The talented chefs in our award-winning Chelsea & Notting Hill restaurants, itsu [dining], create the delicious dishes; freshly made every day in our shops; food that tastes as good as it looks.

Thanks for all your ideas and hundreds of low-fat, low-carb, low-calorie recipes, please keep sending them in to us.

In or out, home & away. Early or late.

summer '13 'on a bed' new salads from £2.99

zero fat frozen yoghurt from £2.25

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Eat Beautiful

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THREE'S A TREND

Glow enhancer

It's high time you let your cheekbones shine. Achieve luminosity and a silky finish with **Pourdre De Perle, £48 by Chantecaille (1)**, designed with a lightweight formula that never feels heavy on the skin. For ultimate versatility and skin-tone matching perfection, opt for **The Multiple from Nars, £30 (2)**, an easy-blending stick, in shades ranging from an incandescent shimmer to a deep healthy bronze (both available from Space NK, 299 Upper Street N1 2TU; 020 7704 2822). Bring out your inner English Rose with **High Beam, £19.50 by Benefit (3)**, for a subtle dewy flush that will shine a spotlight on your skin (338 Upper Street N1 0PB; 020 7704 0785; benefitcosmetics.co.uk).

(1)

(2)

(3)

Three appeal

Michael Kors is launching his first ever beauty line this month in collaboration with Estee Lauder. The line is split into three sections – sporty, sexy and glam – and each collection comes with an appropriate signature scent, lip, nail and powder products. The line will be available in Michael Kors UK stores this month.

michaelkors.com

Beauty NEWS

LOCAL LUXE

Salon of the month

The Chapel

Come and be worshipped at this award-winning salon in Islington, boasting tailored treatments, attentive hospitality and a professional team of dedicated and experienced stylists. Hair treatments and cuts costs by the hour, plus a 15 minute complimentary consultation, allowing stylists to create your individual look.

394-396 St John Street EC1V 4NJ; 020 7520 0460; thechapel.co.uk

Vanishing act

American haircare brand Verb has recently released the heavenly Ghost Oil, £8.95, a newcomer that has beauty bloggers talking. It is a weightless hair restorative that contains argan and moringa oils, and is absorbed effortlessly by the hair shaft for maximum repair to leave hair feeling product-free. Comb it through damp ends for a sleek, frizz-free finish.

verbproducts.com

The Angel resident LOVES

MALE ORDER

If you can bear to part with it, the Gentlemen's Tonic Savile Row Razor, £55, makes the perfect gift. It's handmade with faux ivory and has a flawless finish. The razor handle is the perfect formulated weight for an effortlessly close shave every time and it's compatible with market leader Gillette's Mach 3 Razor cartridges.

gentlemenstonic.com

Edited by Trudie Carter-Pavelin

In association with intel

The clever Asus Taichi comes with two screens

Technology MATTERS

Gadget expert Paul Hood on the resurgence of laptops

All the hype these days is about tablets. The genre-defining iPad, plus increasingly credible competitors using Google's Android software, have caught the imagination with their portability and touchscreen technology.

But there are still some things tablets aren't (yet) suitable for.

It's possible to type quickly and accurately on a tablet, but for anything longer than a lengthy email you can't beat the feel of a real keyboard.

Want to touch up those holiday pics? Touchscreens are no substitute for a mousepad. Editing family videos? Few tablets have the power to handle anything but the lightest edit or even more than a few tasks simultaneously.

And while there are fans of the mobile software made by Google and Apple, there are as many who still prefer Windows, especially now Microsoft has reintroduced some traditional features to the latest version of Windows 8.

Luckily, PC makers are upping their game – focusing on a new generation of laptops dubbed ultrabooks by Intel, which makes the computer chips used in most of them.

The manufacturers have focused on making laptops lighter, more stylish and more power-efficient to deliver tablet-style battery lives. Most recent models also come with touchscreens.

So Sony has just unveiled what it claims are the world's lightest ultrabooks, the 11-inch VAIO Pro 11 weighing in at just 870g or its 13-inch cousin, the VAIO Pro 13 at just 1.06kg. Both look great, come with touchscreens and last for 8 hours plus.

> Manufacturers have focused on making their new laptops lighter, more stylish and more power-efficient

For something a little more unusual, there's the Lenovo IdeaPad Yoga series. These feature a touchscreen, but the top flips round to turn into a pseudo tablet and stand combo.

Along similar lines, there's the colourful Asus Taichi. This comes with two screens – the one you'd expect from a laptop plus another on top for that tablet-like experience.

That's just a taste. Tablets are great for browsing on the go but if you want more power, a keyboard and can compromise just a little on weight, there are plenty of this new breed of laptops available.

TOP TIP Intel is running a promotion offering money off a selection of ultrabooks with Amazon, Argos, Tesco and John Lewis.

Look out for the 11-inch VAIO Pros and the colourful Lenovo IdeaPad

@PaulHood

Can't decide between a laptop and a tablet? Have both in one. Explore the Ultrabook™ at intel.co.uk

Photo: Pari Naderi

And now for something completely different

Mark Kebble embraces his inner child and looks at ideas for summer holiday fun

You read it here first: the days of our children being slumped in front of TV screens will soon be over. Well, they will if North London has anything to do with it. Not only has it just been announced that the Islington Active Spaces fund has made £600,000 available to help the community increase the physical activity of children, but we are not short on inspiration this summer. And there's no need to worry about your children getting bored either, as these events highlight…

Something Happening For Kids

I have to admit it: everything appearing at The Place's Something Happening For Kids would keep me more than entertained. Being staged over one exhilarating day in a week's time once this issue is out, on 20 July, the event will feature theatrical performances, workshops and even a poetic robot.

'The work we do here is quite experimental, quite avant-garde, where we present new companies and artists – and I thought there was no reason why we couldn't introduce this to kids,' explains The Place's Ellie Beedham on Something Happening For Kids' origins. 'This is the third year, but the ethos is the same – it's about the experimental, trying to do things from a child's perspective.'

For £6 per ticket (or £20 for four), you will have the opportunity to experience all the performances being staged. Italian artist Alessandro Sciarroni stages Joseph, where technology meets contemporary

→

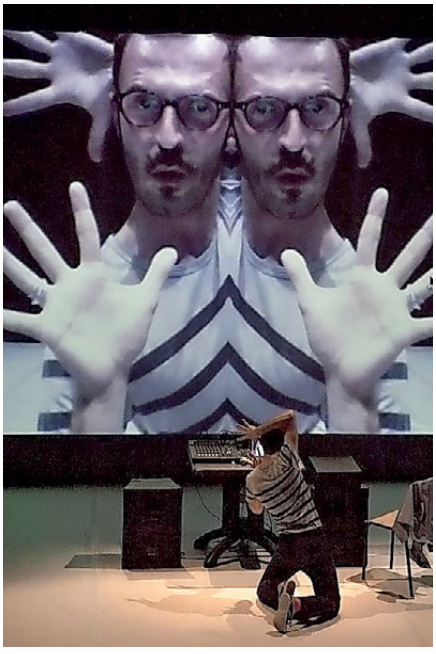
Your children will love the interactive nature of the workshops

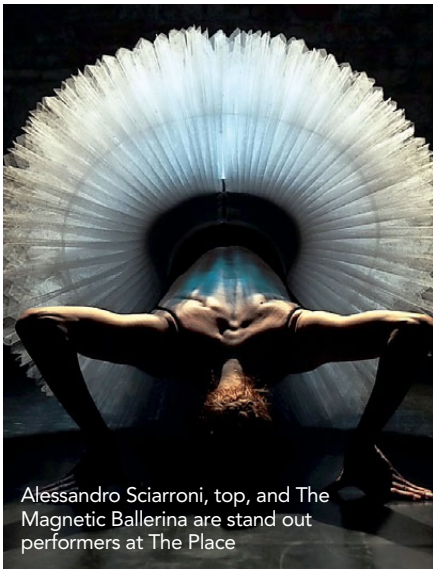
choreography creating a beautiful, comic and sometimes surreal performance for all; It's the Skin You're Living In is a video installation on a series of mobile phones by the amazing Fevered Sleep; The Magnetic Ballerina flutters inside a minimalist space, expanding our perception and experience of dance; Mission: Dance is an adventure to discover invisible dances in secret locations all around The Place; and Everything Looks Beautiful in Slow Motion is an interactive afternoon of film installation by Nic Sandiland.

There are also a host of workshops throughout the day, where children can choose one to partake in, and I notice that each one caters for a whole host of age ranges. 'We wanted all the children to be able to do all of the workshops,' Ellie nods, 'but we realised that they would have to be altered for different ages because of abilities and whether they needed their parents there. With the workshops, it's definitely about having fun and feeling secure in that environment, but inevitably with the amazing teachers that we use they will learn things about movement, their bodies and their physicality.'

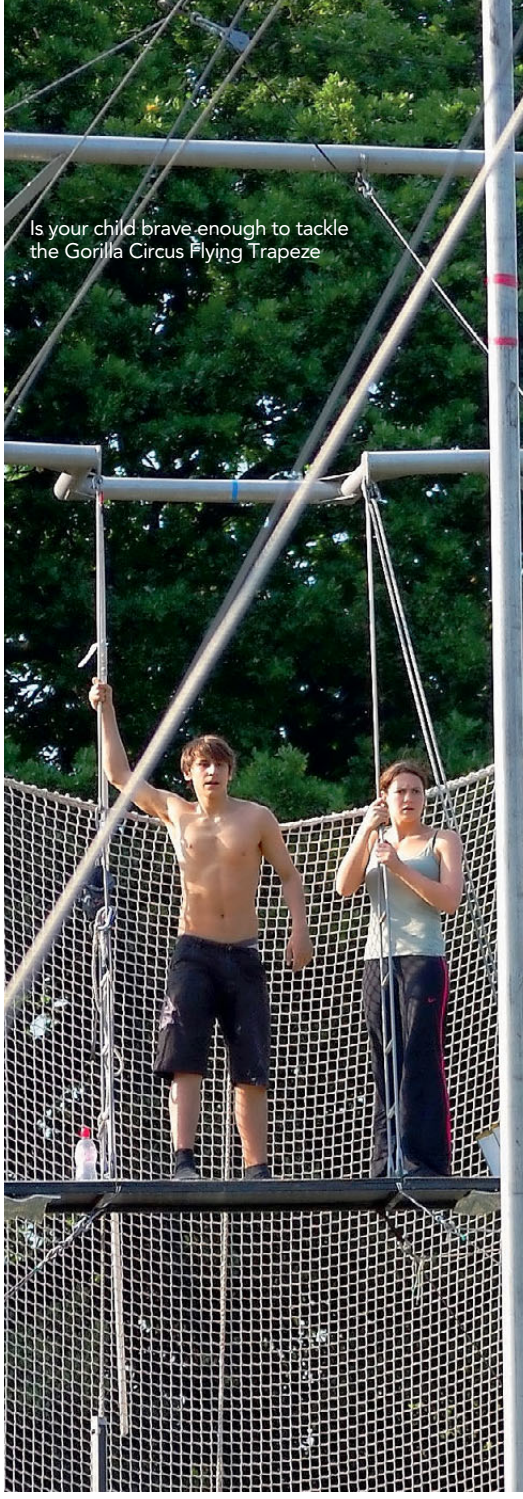
In an attempt to make me feel a little better and more grown up, how do parents respond to what's staged at The Place? 'They want more!' Ellie exclaims to a relieved interviewer. 'Parents have really loved the unique nature of what we do and the fact the children have so much fun. I get the feeling that a lot of parents go to things and feel like they have to suffer it – here that is not the case.'

✤ 17 Duke's Road WC1H 9PY – to book, call 020 7121 1100 or visit theplace.org.uk





Alessandro Sciarroni, top, and The Magnetic Ballerina are stand out performers at The Place



Is your child brave enough to tackle the Gorilla Circus Flying Trapeze

Gorilla Circus Flying Trapeze School

As I look at the trapeze bar, a bead of sweat slowly trickles down my forehead. Suddenly the platform seems quite high up – and what was that about doing a backflip? Oh, and I am only looking at a photograph. Trapeze, for me, is great to watch, terrifying to do – but that was never the case for Ezra Trigg. 'Flying trapeze is such a rush,' she enthuses. 'I always felt it was a shame that there was nowhere in the UK for regular people to just have a go and experience it for themselves.'

So Ezra founded the Gorilla Circus in 2009, making trapeze classes accessible to members of the public – and over the

summer will be giving children from the age of eight the chance to experience open air classes at the likes of Roundhouse and Regent's Park. 'Flying outdoors in the sunshine is an amazing feeling,' Ezra explains the lure of staging these special classes. 'We teach children in exactly the same way as the adults. By eight they're every bit as capable, and we're supportive towards everyone who is scared regardless of their age.' Safety is taken very seriously, with a safety belt attached when flying and a huge safety net to ensure a soft landing.

For £24 per person, what can we expect at a class? 'We take students through the safety briefing and warm-up before teaching them how to do a trick on a low bar,' Ezra explains. 'Then you get to climb up to the platform and do the same thing swinging through the air! We also teach a backflip dismount. We do around three attempts, and then the instructors will climb onto another trapeze bar and try to swing in and catch anyone who's got the hang of it.

'One of the great things about this job is seeing children – and adults – face their fears and do things that they didn't think they'd be able to do,' she continues. 'Working hard at something and getting better is rewarding in itself, and trapeze is great exercise and good for co-ordination.' OK Ezra, you've convinced me – I just hope an eight-year-old doesn't show me up.

✤ The Gorilla Circus Flying Trapeze School's open air classes run until 2 September – for further information visit gorillacircus.com

Little Angel Theatre Summer Holiday Workshops

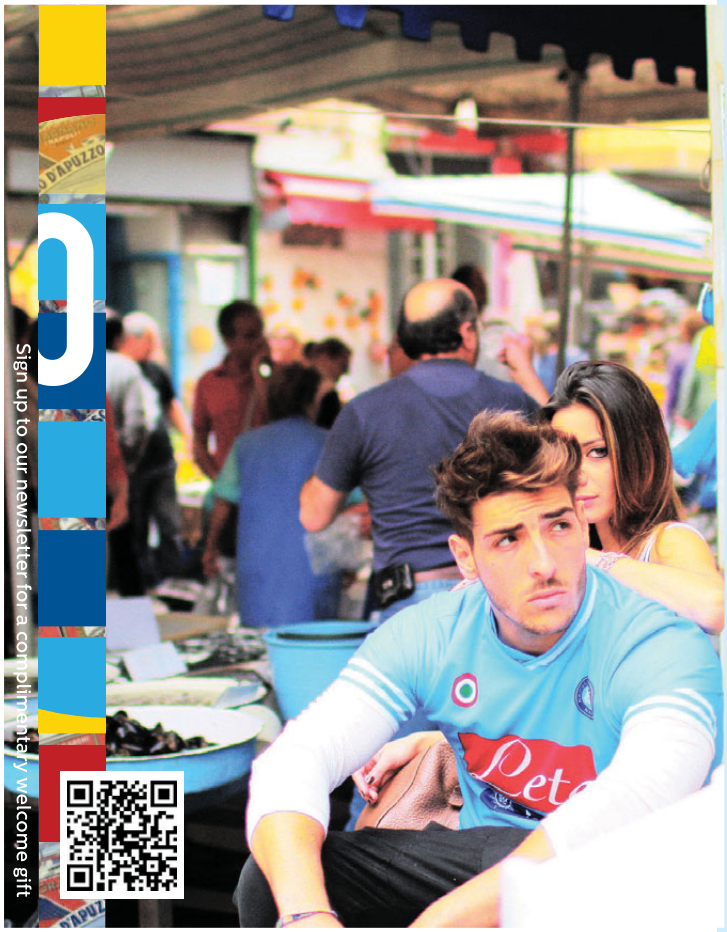
The Little Angel Theatre has featured heavily since The Angel resident was launched – and the theatre's Head of Education and Participation, Slavka Jovanovic, hits the nail on the head as to why. 'Puppets have a magic quality about them and have an incredibly powerful presence.'

On 15 and 29 August, the Little Angel Theatre will be holding Shadow Box Theatres Holiday Fun for five to 11-year-olds at Islington Museum. 'We are keen to run workshops in the school holidays as we are aware that many children don't go away and need creative and fun activities to keep them occupied,' Slavka says.

Running in conjunction with Islington Museum's From Highbury to Hollywood exhibition, youngsters will make their own mini shadow box theatre screens and shadow puppets to animate and create their own mini live movies. 'Children love having the opportunity to design and make their own puppet characters and then to bring them alive through performance,' Slavka grins.

Great fun clearly, but these workshops also have an educational spin to them. 'We hope it will challenge their curiosity and creativity,' Slavka says. 'Through participating in the workshops, children will develop social skills and independent learning, as well as encouraging them to thrive artistically through making and performing with puppets.' And, maybe, some of the children taking part in these workshops may find themselves featured in magazines such as this in the future.

✤ Islington Museum, 245 St John Street EC1V 4NB – bookings can be made by calling 020 7226 1787



It's a Napoli thing

Naples is different. Distinctive. Naples does things its way – has done for generations. Pizza is no exception. Genuine Neapolitan pizza has a raised crispy border round a juicy centre.

Outside Naples the most authentic pizza you'll find is Rossopomodoro's. We've captured the essence of our birthplace and brought it to London where we do everything the traditional way.

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In my kitchen

Martin Nisbet, Head Chef, Almeida

What was the attraction for you to come to the Almeida?
The kitchen is great! It's open plan, something that I love, and for the first time I have a rotisserie, which is an amazing piece of equipment.

What do you make of the dining scene around Angel?
It is amazing. I love the variety of restaurants, and the people of Angel really seem to like eating out and enjoying themselves.

What will you bring to the menu?
My food is what I would describe as Modern French. So very much based on classic technique, but hopefully with a 21st century twist. On a Sunday, for example, I do Berkshire pork belly cooked on the rotisserie served with smoked mashed potatoes, and braised peas with bacon. Above all, we try to be as seasonal as possible.

✤ 30 Almeida Street N1 1AD; 020 7354 4777; almeida-restaurant.co.uk

Almeida's new Head Chef will serve up classic French with a modern twist

LOCAL LUXE

Gourmet NEWS

CLASSIC TWIST
Look out for the new book from the founder of Bistrot Bruno Loubet at The Zetter Hotel, Mange Tout, where Bruno offers up bistro cooking with a modern tweak.

Refreshing concoction

We have already covered the celebrity angle of Marcus Wareing's Gilbert's Gin Garden launch, but what exactly will you find there? A host of libations, that's what, including The Delicate Rose cocktail, combining Hendrick's gin with rose petal tea, pink grapefruit, elderflower and cucumber.

✤ Euston Road NW1 2AR; 020 7278 3888

Sum of its parts

Just opened on Exmouth Market is Paesan, a rustic bar and kitchen serving simple, authentic Italian dishes. The first solo venture from Antony Brown (formerly of Pasta Brown, Covent Garden), Paesan embraces 'cucina povera', the tradition of using simple ingredients to prepare honest and flavoursome food. We are particularly looking forward to trying the pappardella with wild rabbit ragu and mussels impepata with rosemary crostini.

✤ 2 Exmouth Market EC1R 4PX; paesanlondon.com

TOM'S CHOICE

VIVA ESPANA

So many offer tapas these days, but Tom Parker Bowles insists: 'In London, it's possible to seek out Iberian food that would impress even the most exacting of Spanish, Basques or Catalan.' Here's three examples:

Tramontana Brindisa
Brindisa, the brilliant supplier of Spanish produce, already have a wonderful restaurant in Borough Market (as well as in Soho and South Kensington), and another offshoot has opened its doors in Shoreditch. As you will find in all their branches, the ingredients are flawless and the cooking sublime.

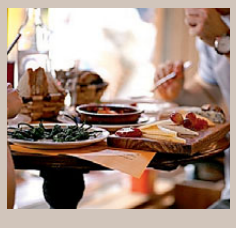
✤ 152 Curtain Road EC2A 3AT; 020 7749 9961

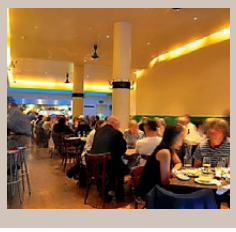
Moro
We have never eaten a bad bite at Moro in Exmouth Market. Sam and Sam Clark concentrate on the Moorish influence, which means you'll find dishes that meld Arabic and Iberian. So the labneh comes with grilled lamb chops, while yoghurt flecked with black cumin sits alongside charcoal roasted pigeon breast.

✤ 34-36 Exmouth Market EC1R 4QE; 020 7833 8336

Camino
We have to be honest here: the first time we ventured to Camino in King's Cross was for a party celebrating one of their anniversaries. When we finally got down there to eat, we were swept away by the extensive menu, with tapas offerings that will keep meat lovers, vegetarians and pescetarians equally happy.

✤ The Regent's Quarter N1 9FD; 020 7841 7331





Meat and greet

With its daily changing menu and an ethos that has taken us back in time, The Pig & Butcher impresses on many levels, writes Mark Kebble

The last time I had black pudding was when I ventured to Edinburgh for the Fringe Festival. It terrified me and the locals knew it. However, when reading over The Pig & Butcher's fabulous menu, one starter stood out like a beacon: homemade black pudding and mushy peas. It was time to overcome my fears. But before my guest and I got stuck into the food, I felt like saying 'I like what you've done with the place' to the owners. A mere five years ago, this spot was our local pub, situated as it was next door to our former office. It has changed for the better.

My guest – a devout pescetarian – had doubts considering the name, but the engrossing menu has plenty for all. I took some time choosing my main, tempted by the special reserve chicken leg, Toulouse sausage and baby summer vegetable broth, before being convinced to go for the 35 day aged Angus sirloin. My guest, after her exemplary Dorset asparagus and fried duck egg, plumped for the grilled Megrim sole.

> My guest, a pescetarian, had doubts, but the engrossing menu has plenty for all

The steak, cooked medium at my request, was excellent, with good depth and a satisfying amount of meat to devour. The sole, coming on the bone, looked very impressive and any doubts my guest had about venturing to The Pig & Butcher were soon forgotten.

But what of that homemade black pudding? A meat lover's heaven, that's what, with even the mushy peas served up in a way I had not encountered before. Considering The Pig & Butcher's menu changes on a daily basis, I may have to make this my local once again.

✤ 80 Liverpool Road N1 0QD; 020 7226 8304; thepigandbutcher.co.uk

Fish to share? Just one of the choices on the eclectic menu

✤ What's in a name?

The Pig & Butcher occupies a handsome pub built in the 1800s on what were fields used by farmers to rest and feed their livestock before being sent to Smithfield's Meat Market. To honour its past, The Pig & Butcher have brought the pub back to its roots and receives carcasses straight from the farm and butchers on site. In the remaining summer months, watch them grill over charcoal and wood on their specially built Robata grill.

Make it at home

The Pig & Butcher Dandelion and Burdock pork ribs, by Head Chef Chris Slaughter (left)

Ingredients
makes 10 portions
1 x belly of pork ribs from your butcher

Marinade
2 litres of Dandelion and Burdock
4 tablespoons of salt

Spiced Rub
3 tablespoons of paprika
3 tablespoons of cumin
3 tablespoons of coriander
3 tablespoons of garlic powder
3 tablespoons of chilli powder
3 tablespoons of turmeric
1 tablespoon of salt

Method
1. Marinade the ribs in the liquid marinade for 24 hours in the fridge.
2. Take the ribs out of the marinade and rub the spices into the ribs and leave them in the rub for 6 hours.
3. Cook the ribs in the oven at 100 degrees for 6-8 hours, basting the ribs every hour.
4. Finish the ribs over the BBQ or coals until blackened.

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Celebrating craftsmanship

The Balvenie, handcrafted whisky distillery, Masters of Craft Awards 2013

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Handcrafted at
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Distillery, Banffshire
SCOTLAND

The Balvenie Masters of Craft is an awards programme that champions British craftsmanship and those who devote their working lives to it. The Balvenie are looking for entries from talented and passionate craftsmen – from upholsterers and silversmiths, to tailors and contemporary designer makers – whether it is you or a craftsperson you know.

This year the award categories have been broadened to embrace a wider range of items across five categories including; Style and Accessories and Interiors and Objects. The winner in each category will receive the recognition they deserve, along with a £1,000 commission from The Balvenie.

Whether it is the beloved leather armchair in the corner of your room that was painstakingly upholstered, a suit cut to fit your own back or that chocolate truffle that tastes like heaven, we all appreciate the art of true craftsmanship – particularly in a world that is becoming increasingly mass-produced.

Style and Accessories

When it comes to the gentle ticking of a beautifully engineered watch or the comfort of handmade leather brogues, British craftsmanship is alive and well and living in so many unexpected places.

In the Style and Accessories category The Balvenie are looking for the finest jewellers, milliners, cobblers, tailors, horologists – anyone, in fact, who can demonstrate their passion and skill at producing a particular item of fashion or a style accessory.

Interiors and Objects

We all have our favourite items in our homes. It might be that lovingly produced contemporary chair or a stunningly beautiful handmade piece of glassware that never fails to elicit comments from visitors.

In the Interiors and Objects category The Balvenie are searching for talented individuals who create wonderful items for us to live with. This might include the creations of furniture makers, ceramicists, upholsterers or glass blowers.

Nominate a craftsperson

If you are a craftsperson you can enter your own work or alternatively if you know/work with a talented craftsperson, whose work fits one of the five categories, you can make a nomination on their behalf. The awards are open for entries and nominations until August 30th.

✤ For full details and to learn about the previous winners visit mastersofcraft.thebalvenie.com

SINGLE MALT SCOTCH WHISKY
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MASTERS of CRAFT

The five categories, set by the function and outcome of the work, are:

Sport & Leisure
Style & Accessories
Interiors & Objects
Technical & Engineering
Food & Drink

in partnership with Waitrose

Entries can be made by both craftspeople who would like to enter their own work, and by the general public who can nominate craftspeople they see as deserving recognition.

The awards are open for entries from now until the 30th August 2013. As well as the esteemed title of The Balvenie Masters of Craft winner, there will also be a £1,000 commission for the winner in each category.

✤ Nominate a craftsperson or enter yourself at thebalveniemastersofcraft.com

Handcrafted to be enjoyed responsibly. For the facts drinkaware.co.uk

EVENT

N1 Centre Summer Garden

Let's make the most of it whilst it's here… This summer, discover a special surprise while shopping at the N1 Centre as the central piazza is transformed into a summer garden. Until mid-September you will be able to pull up a deckchair on the lawn at the N1 Centre and contemplate where your next shopping destination will be. Keeping the kids entertained is a breeze with face painting fun and giveaways on hand. There's an exciting programme of events planned including delicious food sampling sessions. Or, if this all sounds too much, simply settle back and relax in that deckchair.

For further information, visit n1islington.com

Local LIFE

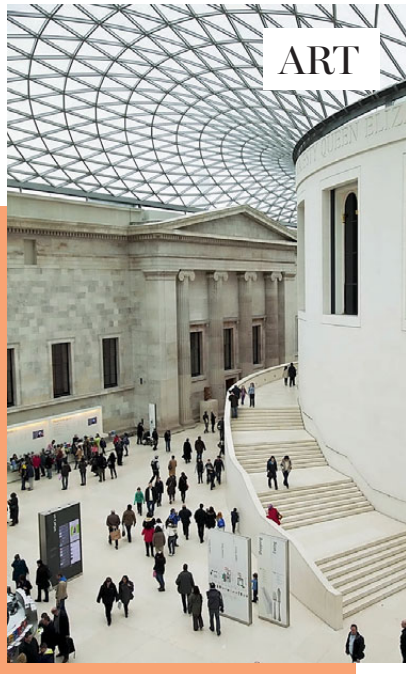
FILM

Alan Partridge: Alpha Papa

There is the small matter of The Lone Ranger hitting the big screen this month, but it has Johnny Depp in it, so everyone is bound to see it… So we decided to focus on a real English 'icon' for our film of the month. The track record of TV hits reproducing the magic in cinemas isn't great, but this IS Alan Partridge. He hasn't relocated to Hollywood, but instead we find him at his radio show at North Norfolk Digital when a former employee with a grudge takes the station hostage. There's nothing else for it: Alan has to take control… The trailer looks good, so we are keeping our fingers crossed.

See it from 7 August at Vue, 36 Parkfield Street N1 0PS; 0871 224 0240; myvue.com

ART



THE ART OF INFLUENCE: ASIAN PROPAGANDA

From the time of Alexander the Great (356-323 BC), rulers have used propaganda to promote their authority, build support for wars and strengthen control over their states. In many Asian countries, propaganda does not have such sinister connotations. The exhibition The Art of Influence: Asian Propaganda, open now at the British Museum until 1 September, takes the more neutral position that the goal of propaganda – and propaganda art – is to create involvement.

Great Russell Street WC1B 3DG; britishmuseum.org

West Side Story

The international sell out hit West Side Story returns to Sadler's Wells from 7 August-22 September, featuring the entire original Jerome Robbins choreography. Based on Romeo and Juliet, West Side Story is set on Manhattan's Upper West Side and explores the rivalry between two teenage gangs. When Tony falls in love with Maria, the sister of the rival gang's leader, the feud takes on a new dimension, and as their love blossoms so begins a fatal journey overshadowed by violence and hatred.

✤ Rosebery Avenue EC1R 4TN; 0844 412 4300; sadlerswells.com

New British 2013

Art at Lloyds Club's new exhibition showcases new and emerging artists practising in the UK. Organised by Patch – a London-based curatorial collective (led by Katie Heller and Annabel Carey) – New British 2013, running until 12 September, will transform the unique, four-storey Georgian townhouse of The Lloyds Club into an exhibition of the highest calibre of burgeoning new talent.

✤ 42 Crutched Friars EC3N 2AP; 020 7863 6680; patchlondon.com

MUSIC

3 of the best... special anniversaries

1 Expect a host of unmissable gigs as The Garage is celebrating its 20th anniversary throughout August. To honour the building's history and contribution to live music, The Garage has carefully curated a series of events that represent the venue and its ethos, on-going musical diversity and legacy. The line-up, which in August includes Arbouretum, aptly demonstrates its place within the UK touring market, hosting intimate shows from established acts and growing festival and stadium headliners of the future.

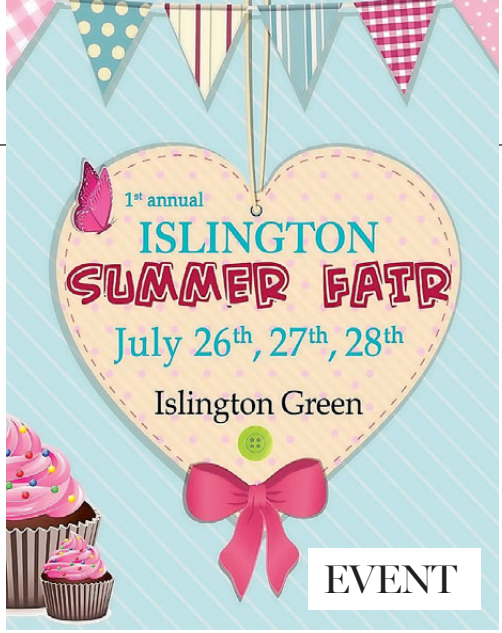
✤ 20-22 Highbury Corner N5 1RD; 0844 847 1678; mamacolive.com/thegarage

2 Academy Music Group will be celebrating a decade of live music at the O2 Academy Islington with a blast from the past. US punk rockers, Alkaline Trio (above), launched the venue ten years ago so what better way for the O2 Academy Islington to celebrate than with the help of the band who opened it… Alkaline Trio will be staging an exclusive live show on 29 August as a special birthday present.

✤ 16 Parkfield Street N1 0PS; 020 7288 4400; o2academyislington.co.uk

3 A very special week of events take place just as this magazine hits the streets. Union Chapel is proud to announce that its famous Henry Willis organ has been restored to its original glory, and is the only one of its kind left in the country. To mark the momentous occasion, the Union Chapel host the Organ Project Launch Week from 14-20 July, featuring a diverse line-up of artists.

✤ Compton Avenue N1 2XD; 020 7226 3750; unionchapel.org.uk



Islington Summer Fair

From the organisers of the Islington Christmas Market, a huge success last year and an event that brought together a host of local businesses, comes the Islington Summer Fair at the tail end of July (26-28). Held on Islington Green, once again you can expect the finest local businesses on show, offering fresh food and wonderful gift ideas, alongside live entertainment to add to the summer vibe.

✤ Find out more at the islingtonsummerfair.com

BOOK NOW FOR SEPTEMBER

The 11th London Design Festival returns to the capital from 14-22 September, one of the most important events on the global design calendar. The festival will again present a programme that celebrates and challenges design, from large-scale landmark initiatives to an array of satellite destinations, districts and hotspots covering the whole of London. Catching our eye already is Endless Stair at St Paul's Cathedral, which will invite visitors to climb a series of 20 Escher-like interlocking staircases made from a prefabricated construction using 44 cubic metres of Tulipwood.

✤ For the latest listings information, visit londondesignfestival.com

More design interest as Open House London returns on 21-22 September, also a highly anticipated fixture in the capital's cultural calendar. It will be a unique opportunity to see, explore and learn about London's amazing architecture and design over one weekend. More than 700 buildings of all kinds will open their doors, alongside a programme of neighbourhood walks, engineering and landscape tours, cycle rides and experts' talks – all for free.

✤ Full details are available at openhouselondon.org.uk

Now here's something to sink your teeth into. A new festival comes to town on 7 September in the form of Meatopia. The pitch? Twenty five chefs each create a bespoke tasting dish and cook it right in front of you, over a fire. You eat as many as you like using ration book tokens to redeem dishes, and while away the afternoon drinking, dancing and listening to the Meaterati debating and sharing stories and generally soaking up the atmosphere. One to watch.

✤ Meatopia will be held at the Tobacco Dock, 50 Porters Walk E1W 2SF – see more at meatopia.co.uk

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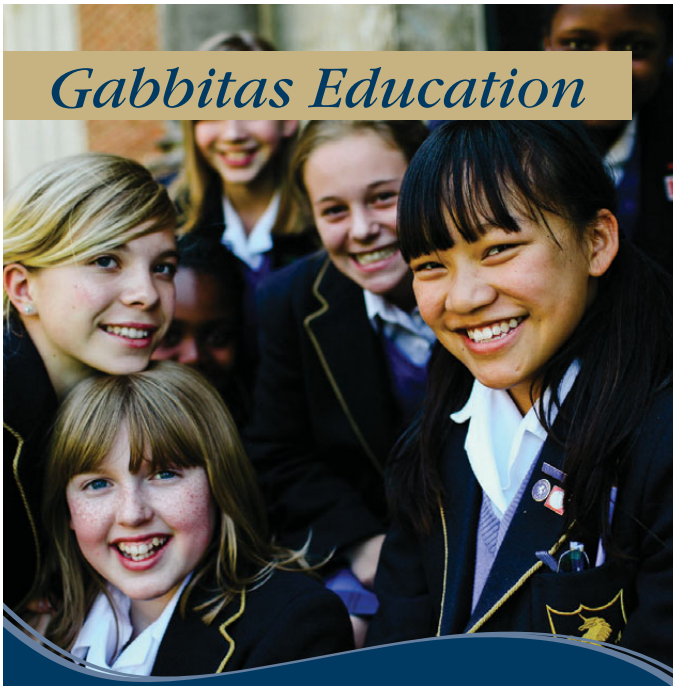

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Photo: Cobham Hall

The Angel resident LOVES

Prints charming

Children's label redurchin is expanding its range with a new blue all-over print – Ziggy – that will sit alongside its existing Moro print. Polo tops, dresses and babywear have all been unveiled and, like the rest of the redurchin collection, are made from supersoft organic cotton with well made seams.

✤ Prices start from £21.95 and the Ziggy range is available at Felix & Lily's, 3 Camden Passage N1 8EA; 020 7424 5423; felixandlilys.com

Five minutes with...

JENNIFER CHEN AND SHRUTI VEERAMACHINENI, FOUNDERS OF THE WOWMUM APP

What inspired WOWMUM?

It was over one weekend. We were out with a friend and her baby in North London and she needed to change a nappy fast. We searched for ages before finding nappy changing facilities at which point her baby was very uncomfortable and cross. It was that evening we came up with the idea for WOWMUM, a free App that searches for the nearest child friendly locations in a five mile radius.

How much help do parents need today considering the busy lives that we lead?

Plenty as our lives have become so fragmented and we are often living away from our families. The App aims to be a helping hand.

In Islington do you have favourite venues or shops for all the family?

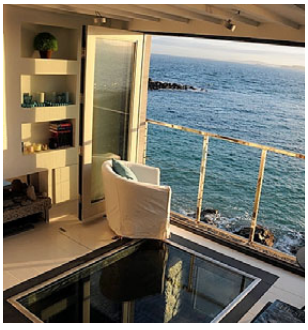
Little Angel Theatre, Felix & Lily's children's boutique, and Igloo for its toys and footwear. Last but not least, Giraffe with its delicious food!

✤ Free App WOWMUM instantly locates nearby baby and child friendly places – available for Android and iPhones

Just Juniors

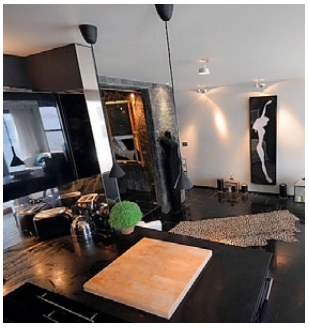
EDITOR'S CHOICE FAMILY HOLIDAYS

LOCAL LUXE



The Beachspoke properties are one bedroom houses on the coast of St Ives perched literally on the seafront. Cots can be provided so they would suit a family looking for a comfortable, stylish UK break with very young children.

✤ Prices start at £108 per night – find out more by visiting beachspoke.com



Ballygally Castle, Northern Ireland, is a great place for the family. Perched on the tip of the Causeway Coastal route, kids will be able to experience, briefly, the haunted ghost room at the top of the tower.

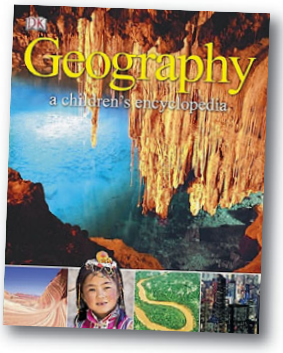
✤ Prices start at £70 per night on a B&B basis – find out more at hastingshotels.com

Bray Cottages are a lovely set of cottages in the stunning surrounds of the village of Bray, Berkshire. Perfect for families are Tiggers Cottage with two bedrooms, and Bray House, featuring three bedrooms.

✤ Prices for Tiggers Cottage are £550 per night – find out more at braycottages.com

Wonder at the Earth

Here's something that ties in rather nicely with our look, to the left, at family holidays. Geography: A Children's Encyclopedia is the ultimate guide to where we live. Covering the geological and environmental processes that shape the Earth, children can explore the natural world through this beautiful and accessible exploration of the planet. Did you know that travelling by plane is so popular that at any one time there are half a million people flying through the world's skies? Or that it rains for over 250 days a year in the Amazon rainforest? Us neither – a fascinating book for all the family.



✤ Available to buy now in all local bookshops, priced at £17.99

Something to smile about.....

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www.charleslandau.co.uk

Free consultation with this magazine

(conditions apply)

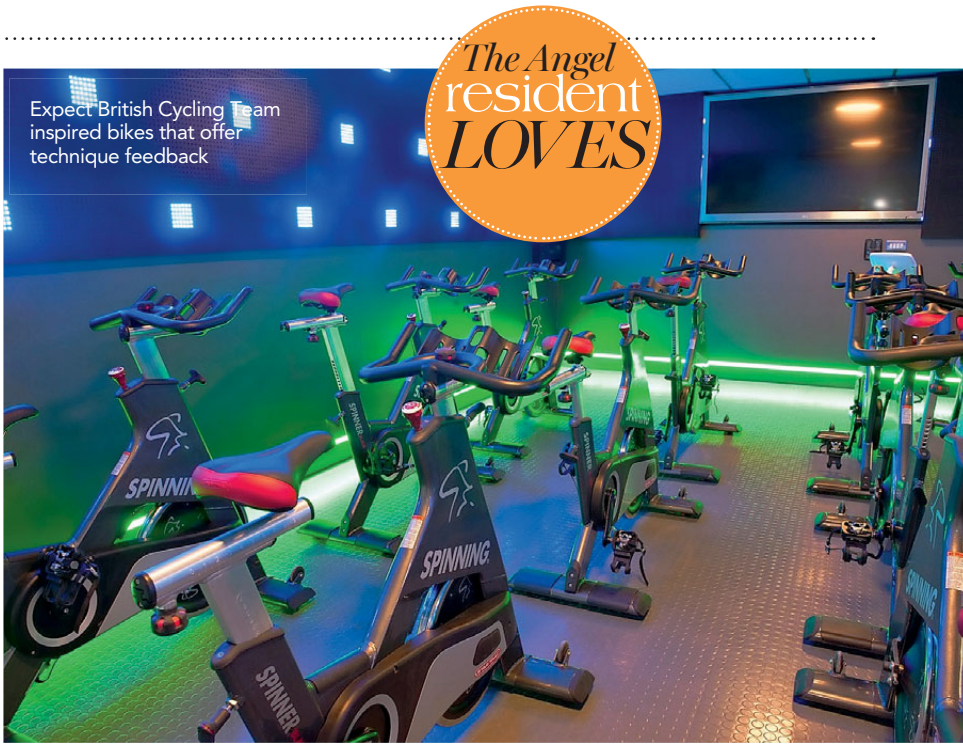
BDA goodpractice member

Gym of the month

Fitness First

With an investment of over £20m, Fitness First is taking fitness technology and the gym experience to another level. Islington is one of their sites that will be kitted out with the latest exercise machinery. Unique 'workout of the future' inspired initiatives will include market leading spin studios, cool down air showers, and interactive screens that encourage members to engage with a virtual personal trainer. The concept of time will play a vital part in enhancing the workout environment, with digital clocks placed at strategic locations to ensure members are consistently challenging themselves.

✤ 361-373 City Road EC1V 1LR; 0844 5712882; fitnessfirst.co.uk



Expect British Cycling Team inspired bikes that offer technique feedback

Life changer

Try something new by attempting to complete a tri for life, a triathlon event that takes place around the beautiful Woburn Abbey, Bedfordshire, on Sunday 8 September. The three-part challenge will see participants take on a 400m swim, 20k cycle and a 5k run to raise money for Great Ormond Street Hospital Children's Charity. The money raised will go towards a family waiting area and an interview room in the new Lung Function Unit.

✤ Find out more at gosh.org/gen/triforlife/

Health & fitness NEWS

Blast into shape

The v13.1 DVD series from fitness fx features leading health and fitness experts, who have created a range of modern and dynamic workouts that aim to get you fit and athletic using current, effective training methods. Choose from a range that includes aerobic training, martial arts-inspired workouts, calorie burn, and dance your way into shape.

✤ For more details or to buy, visit fitness-fx.com

Make a statement

The Asics Gel Speedstar hits the shelves exclusively at Foot Locker this summer with two fresh, bright, new looks perfect for the gym, running or just hanging out with friends. The range makes a bold and bright statement, and the Speedstar is a lightweight neutral running shoe weighing in at 252g and priced at £84.99.

✤ 436 Holloway Road N7 6QA; 020 7609 8053; footlocker.eu

3 healthy Bank Holiday bites

Move over carrot, cucumber and pepper, **tenderstem broccoli** is the in thing and perfect for dipping into a host of tasty concoctions.

Organic **smoked salmon** with sweet and sour shallots, radishes and lemon scented olive oil is a fresh summer dish that is so easy to prepare.

Quinoa salad with tenderstem, soy beans and chilli dressing served with BBQ prawn kebabs is a healthy alternative, perfect for al fresco eating.

ASK THE EXPERT

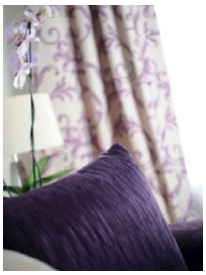
Nutritional tips from the team at New You Boot Camp

Use coconut oil: studies show these fats are easily digested, which stimulates metabolism by burning three times more calories than other oils for six hours after meals, supporting weight loss. Increase quality protein intake, three times a day, but decrease white refined carbohydrates. Research shows that carbs promote sluggish metabolism and contributes to weight gain, whereas animal protein increases a sluggish metabolism.

✤ For more information, visit newyoubootcamp.com or call 01202 559336

Labour of love

The Portland Hospital is renowned for providing exceptional private maternity care to over 2,000 expectant couples every year, and has welcomed numerous royal and celebrity babies into the world. But the prestigious London hospital isn't just for the famous – discover how you and your partner can both benefit from their premium care packages to give your baby the best start in life.



Photos courtesy of Imagethirst Photography: www.imagethirst.com

When you're making decisions on your maternity care, you want a nurturing and supportive environment in which to welcome your baby into the world. Private maternity care at The Portland Hospital gives you and your partner control over how you want to give birth, supported by the highest standards of safety, clinical excellence and comfort.

Support from bump to baby

We offer two types of maternity care. A consultant-led care package places you under the care of your chosen consultant obstetrician, who you'll see at antenatal appointments and during delivery. A midwife-led care package means your care will be handled by a small team of expert midwives who'll support you throughout your pregnancy and delivery.

With both types of care, you'll develop a close relationship with your consultant or midwife team in a welcoming and relaxed environment, where your care is tailored to your personal choices. And our midwives will be on call 24 hours a day to offer you and your partner advice and reassurance whenever you need it.

Putting safety first

You can rest assured that we are committed to the highest standards of safety and have a range of on-site emergency facilities. A dedicated neonatal intensive care unit, special care baby unit and transitional care provision are all available for babies born from 30 weeks, alongside a high-dependency unit for mothers who may require a higher level of care.

Experience the highest standards in maternity care

The last word in comfort

Following your baby's birth, you'll stay in one of our private en-suite rooms or exclusive suites. You can stay with us for as long as you need to – your package includes one night's stay and we can arrange for additional nights if you would like to stay longer. Your partner is always welcome to stay with you overnight, and you can both enjoy our full range of room services.

Premium care at competitive prices

You don't need private medical insurance, and our prices are more affordable than you may think. Our midwife-led care packages start from just £6,980, and you can join the service at 12, 20 or 30 weeks of pregnancy.

- **Choice of consultant-led and midwife-led care**
- **One-to-one midwifery care during labour**
- **Critical care facilities, should the need arise, including a neonatal intensive care unit, a special care baby unit, an adult high dependency unit and an emergency operating theatre**
- **An onsite obstetric anaesthetist available 24/7**
- **24 hour on-call consultant obstetricians, paediatricians, intensivists and gynaecologists**
- **3D/4D ultrasound scans**
- **Newly refurbished, private en-suite bedrooms with facilities for partners to stay overnight**
- **Pregnancy support classes and holistic therapies**

The next step for most couples is to come and see our facilities for themselves. Our central London location is open for tours on Tuesdays, Thursdays and Sundays.

To book your tour, call us now on

020 7390 8202

Or visit **www.theportlandhospital.com** to book your tour online.

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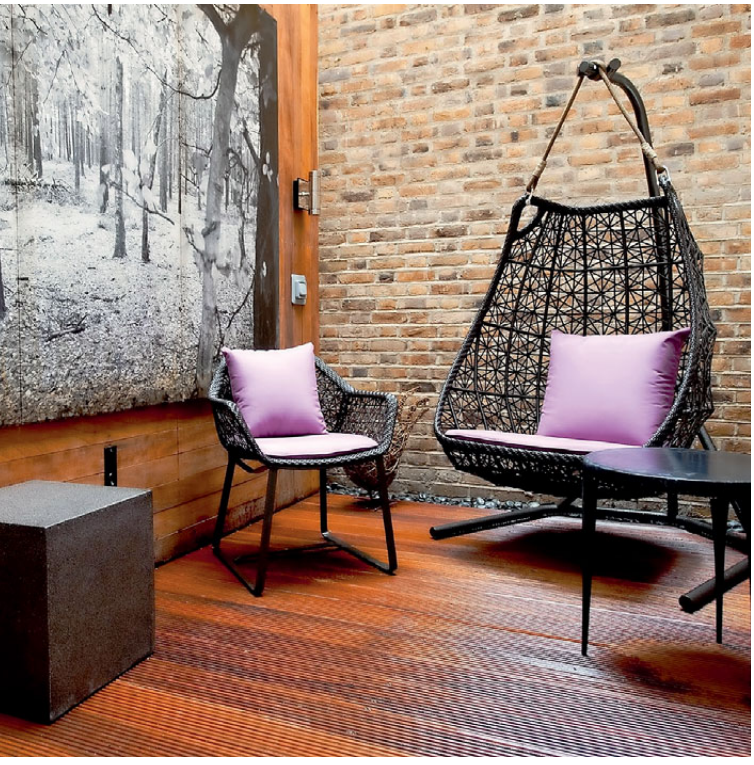
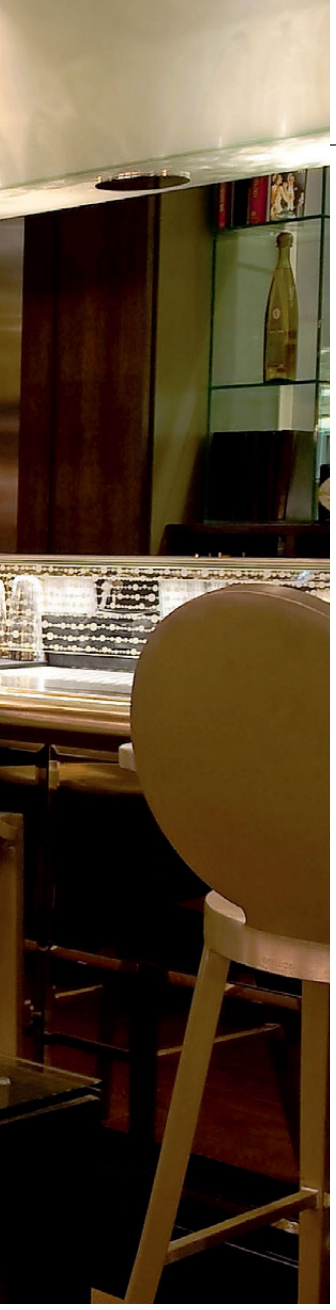
Emphasising its worldwide appeal, the floors are numbered 1, 2, 3 and 5 as the number 4 is considered unlucky in Asian cultures



✤ In good company

The Arch London is part of Small Luxury Hotels of the World's capital portfolio – and the list really is the height of exclusivity. Dukes London offers understated elegance on St James's Place, Flemings Mayfair is a chic townhouse in this most fashionable part of the capital, No.11 Cadogan Gardens is located in a peaceful tree-lined square in Knightsbridge, and The Goring is old school five star luxury moments from Buckingham Palace. Visit slh.com to find out more.



Small pleasures

Mark Kebble embraces the A-list lifestyle with a luxury stay at The Arch London in the heart of Marylebone

If you ever need perking up, I recommend a flick through a Small Luxury Hotels of the World brochure. The stunning locations and images that flash back at you do a lot to eradicate any lingering feelings of depression thanks to our non-existent summer. Although their overseas offerings dominate proceedings, they do have a wonderful set of London-based hotels too – meaning it was fair to say I was excited ahead of my visit to The Arch London, one of their gems located in Marylebone.

Straight away upon entering, you get an instant taste of what The Arch London is all about. Artwork impresses from all corners of the reception space, with the softly lit interiors enveloping you in a warm embrace.

After checking in under a piece of artwork that mimics the weather outside (so, of course, it was rain), a quick tour shows the scope of this 'small' hotel. The sum of its parts include seven Grade II-listed Georgian townhouses, which amounts to 82 guestrooms including four suites spread over six floors. Emphasising its worldwide appeal, the floors are numbered 1, 2, 3 and 5 as the number 4 is considered unlucky in Asian cultures.

My excitement builds as I am led to one of the suites, which I could quite easily call home. There's everything you could possibly need: a stylish kitchenette, a study room populated by classic reads and a comfortable sofa, a bathroom with a flatscreen TV built into the wall above the bath, and a bedroom that comes complete with a Loewe TV and 19,000 channels. One night just isn't enough.

After freshening up that involved my wife taking in an episode of Home & Away whilst having a long relaxing soak, it was time to investigate The Arch London in a little more detail. You are not short on options when it comes to being entertained, whatever your mood. The Martini Library is an opulent venue where you can sit back and sip the finest of cocktails; The Study gives you a chance to catch up on your work emails (I was tempted, for all of five seconds); and for those who are mixing a hotel stay with business, WHItehall 944 (spelt right, just in case you thought I got a little trigger happy with the CAPS lock) can be dressed and lit in a variety of ways to suit a boardroom style meeting for 18, a theatre style meeting for 30, a decadent private dinner for 20, or a cocktail reception for 50.

However, there was one name that won us over instantly: Le Salon de Champagne. Featuring original designer chairs from Tom Dixon (which my wife loved and remarked they would look great in our reception room, leading me to quickly change the subject), quirky chandeliers and secluded leather booths, I can't think of a better place to enjoy a glass of fizz on a Friday night.

Adjoining the bar is HUNter 486, The Arch London's rather plush restaurant with trendy open-plan kitchen to watch the chefs at work. The Brasserie Menu was updated soon after our visit, but we still had the opportunity to see what their food ethos is all about. My asparagus with duck egg to start was superb, right on the money when it came to the tenderness of the asparagus, with my wife's smoked salmon a light appetiser. While she opted for the classic caesar salad for the main – classic indeed – I harked back to the golden age of fish on a Friday by sampling their fried goujons of plaice with crushed peas and French fries. Not quite what I used to have down the chippy, but a more than adequate update: I couldn't get enough of the fish.

The vibe throughout the evening was buzzy and we were more than happy to while away the hours at HUNter 486, but when sleep did call, our bed was extremely comfortable and, waking early the next day, I certainly enjoyed flicking through the 19,000 or so channels.

I was shown the hotel's hi-tech gymnasium, which I had every intention of trying out, but instead decided to enjoy breakfast (exemplary, again served up in the HUNter 486) by flicking through the Small Luxury Hotels of the World brochure. One of life's little luxuries indeed.

✤ Prices start at £205 for a standard room and £1,005 for a suite. The Arch London, 50 Great Cumberland Place W1H 7FD; 020 7724 4700; thearchlondon.com

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HOMES & INTERIORS

✤ *Why BoConcept are celebrating 60 years in style*

✤ *N1's Ella Doran takes us on a journey through design*

✤ *The beautiful game at Highbury Stadium Square*

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Evolutionary process

Since the 90s, N1-based Ella Doran's colourful homewares have thrilled many – and she's well positioned to weigh up the traditional versus the technological

The Angel resident does love a partnership made in Islington. 'Paul Vowles from WovenGround and I live in the same neighbourhood, so our collaboration came about over time,' says acclaimed British designer Ella Doran of her latest project. 'The starting point was my passion for texture and detail, and a desire to move beyond the flat, printed surface that I usually work with. So we decided to develop a range of rugs that used natural fibres and could work in multiple settings.'

The Ella Doran Natural Collection for WovenGround uses some of the softest, smoothest underfoot fibres of all natural floor coverings. Then there is the Geo rug, which translates Ella's photographic work into a three dimensional relief pattern that captures the surface textures and shadow effects of her originals. It seems a million miles away from the colourful placemats that originally made her name in the 90s.

'Technology is continually changing,' she says on how the industry has changed since those halcyon days. 'Digital printing technologies have evolved, new materials keep becoming available, and also the process of designing and communicating with others involved in the production process has become so efficient. All of that on-going change and the new possibilities make my work interesting and prevalent and exciting for me. But then,' she adds with a smile, 'for the making of the rugs technology was not that prevalent, as we were using techniques based on the hands and the skills of the makers – and that was different from the usual and I found that very inspiring.

'In my view,' she concludes with a smile, 'modern and traditional technologies have come together in recent times.'

✤ Find out more about Ella Doran's latest range at wovenground.com

Ella's Islington

✤ How long have you been based in N1?

'Since 2009 with my current studio – and I have lived in Islington and Hackney since coming back to London in the early 90s.'

✤ Any local favourites?

'The Elk in the Woods has long been one of my favourite places in Islington, and at twentytwentyone on Upper Street you will find me musing over their chair selection!'

Ella Doran for WovenGround Natural Collection

WovenGround Geo rug

Above: 'Bikes' China mug
Right: Cushion Collection, 2012

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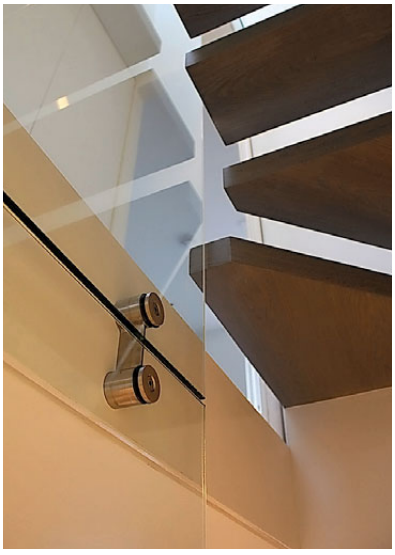

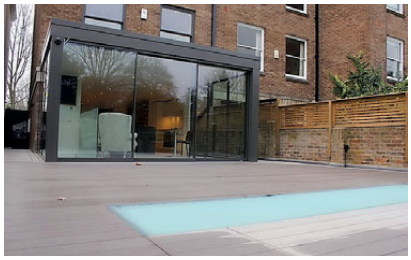

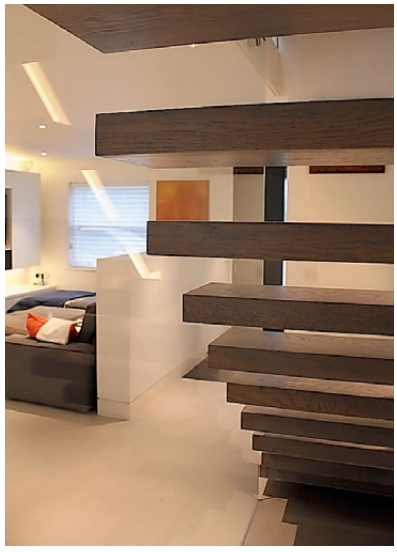

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The urban life

Interest in Scandinavia isn't just reserved for great TV these days – BoConcept have been producing stunning urban design for 60 years now and, in 2013, they appear to be better than ever. A case in point is the Fargo sofa (pictured right), a classic design characterised by curved proportions and beautiful soft lines. The armrests feature a distinctive design detail formed by the joining of the armrest and seat frame, and you can choose two different types of seating, two heights of backrests and three armrests for individual and exclusive comfort.

✤ The Fargo sofa is priced at £3,195 and available from 255 Finchley Road NW3 6LU; 020 7794 8049; boconcept.co.uk

Interior NEWS

SHOW STOPPER

Created with Bang & Olufsen's excellence in acoustic performance, look out for The BeoLab14 speaker system, coming complete with a powerful subwoofer, which together fuses the latest in sound and style to deliver premium audio performance.

✤ 272 Upper Street N1 2UQ; 020 7226 3322; bang-olufsen.com

Building a story

When Folklore first opened on Upper Street, it was love at first sight for us – and they have kept us suitably impressed as the months have gone on. Now they have unveiled their latest pieces, many of which include one of the in colours of the moment, red (see more of that below), and personal favourites include the Pixoss Lamp by Netherlands based design studio M.OSS Design, £175, and their Enamelled Range, handmade in Italy and with prices starting from £10.50 (left). Fabulous stuff.

✤ 193 Upper Street N1 1RQ; 020 7354 9333; shopfolklore.com

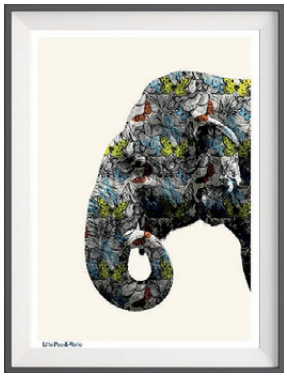
STYLISH HOME BUYS RED & GREEN COMBOS

Hunza cushion, £42, and Napoleon Bee cushion, £108.

✤ Hunza from sofa.com / Napoleon Bee from rume.co.uk

Farrow & Ball Studio Green & Rectory Red, from £30.

✤ farrow-ball.com



Butterfly Elephant Print, £19.

✤ littlepeaandbertie.com

Shopping at Home

Jenny Hughes, and her wonderful shop Home & Pantry, was a central focus of ours a couple of issues back when we celebrated Camden Passage – and now she has launched her brand new website. On the site homeandpantry.com, you will find stunning French and rustic home furnishings, gifts and accessories. The boutique has always been a favourite of The Angel resident's, but we sense things are about to get even bigger for Home & Pantry.

In the box seat

As the football season returns (has it ever been away?), Mark Kebble takes a look behind the scenes at the much vaunted Highbury Stadium Square development

Now this is true love. 'Funnily enough my partner is a Tottenham Hotspur fan,' says Julia Williams when I ask her if she is an Arsenal supporter. 'He found it hard at first, but has grown to love the apartment – if not its location!'

Julia is showing me around her penthouse located in the Southstand Apartments of Highbury Stadium Square. It's no wonder that her partner came around to the idea of living there, particularly when we discuss the ideas interior designer Kim Bayfield-Finch brought to the property.

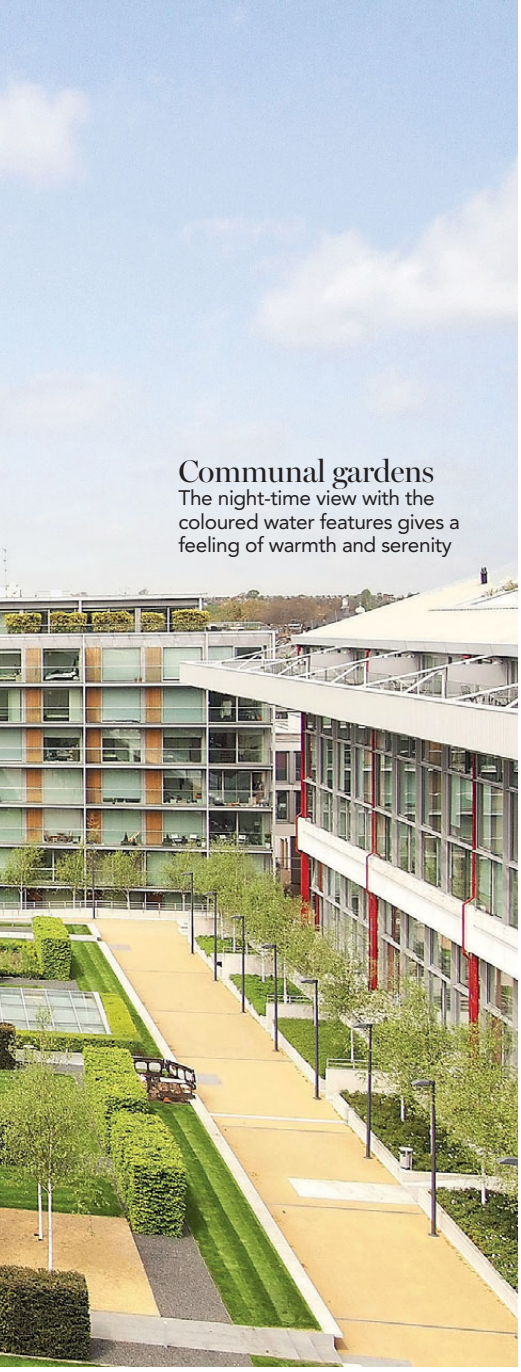
'We reconfigured the kitchen so that not only did it improve the look, it works for me too,' Julia begins an overview of the penthouse's renovations. 'All the rooms were decorated so that the colours blended with my collection of classic contemporary furniture. The en-suite baths with step over showers were removed and replaced with large luxury walk-in showers, and in the master bedroom the wardrobe space behind the en-suite was reconfigured into a dressing room,' she explains.

In the reception room, the bespoke glass panel doors really catch my eye. 'That's another of Kim's inspirations,' Julia explains. 'Previously I had two solid doors that, when closed, made the entrance hall so dark. I used to leave them open all the time, but then there was no division from the hall space to the living room. The glass doors addresses both issues: the light floods into the hall, and from the front door you gain a tantalising glimpse of my signature art feature for the apartment – a photo collage of Audrey Hepburn.'

With the renovation work complete, the penthouse offers plenty. Located on the sixth floor, it is accessed via a private lift, features three bedrooms – with the master bedroom benefitting from an en-suite bathroom with walk-in Hans Grohe shower ('A part of life's essentials,' says Julia) – two further bathrooms and, rather apt given that it's summer, two balconies. 'They are perfect for entertaining,' Julia adds. 'The rear balcony faces south and is great for al fresco dinner parties, and the front balcony faces north west and is perhaps the last to be shaded in the evening, perfect for a gathering with nibbles and the such like.'

The old Highbury Stadium was always renowned for creating a real atmosphere, so has that passed on to this development? 'It is great,' Julia beams, 'there is a real sense of community within the complex. Everyone looks out for each other in finding a decent plumber or restaurant. Most summers there are get together picnics on the pitch.' Even a Spurs fan has got to like that.

The penthouse in the Southstand Apartments is currently on the market with Savills, priced at £1,295,000. For more information, call 020 7226 1313 or visit savills.co.uk



Communal gardens
The night-time view with the coloured water features gives a feeling of warmth and serenity

All the rooms were decorated so that the colours blended with my collection of classic contemporary furniture

Bedroom
The duck egg colour of this second bedroom contrasts with the purple in the living areas

Reception room
The art on the walls comes from exhibitions in Islington, as well as local art dealers like Tag Fine Arts

LUXE LIVING

Stand out features include the double size bath and the high spec kitchen

Kitchen/diner
In the background you can see Julia's favourite unit, the Siemens wine fridge

Ideas to steal

(1) Tiffany Silver French Louis Shabby Chic Bedside Table, £140.
✤ homekandi.com

(2) Peter Blake, Matchboxes 2011, £2,200.
✤ TAG Fine Arts, Unit 129a Business Design Centre, 52 Upper Street N1 0QH; 020 7688 8446; tagfinearts.com

(3) Tuscany Brown Rattan Dining Set, £1,036.
✤ alexander-francis.co.uk

(4) Metal Bark Lamp with Black Fabric Shade, £60.
✤ artisanti.com

(1)

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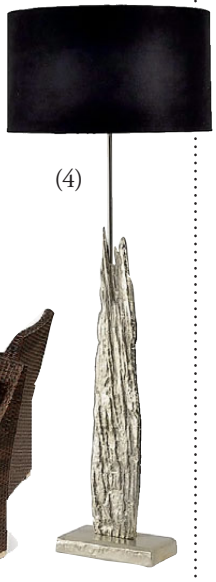

(4)

(3)

Bathroom
All bathrooms are fitted with luxury designer hand-made Italian cabinets

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Photo: Tom Dunkley

MY AREA: James Neilson

Having worked in the Angel area for over two decades, Currell's James Neilson is well placed to offer views on how the area has evolved. 'It has changed remarkably,' he says. 'Investment in property during this time has changed the profile of "typical" residents, perhaps best shown by the quality of restaurants, shops and bars Islington now benefits from.'

Is it possible to define the 'typical' residents of Islington today? 'Islington buyers have always been varied,' James says, 'but today we are seeing an increasing number of European buyers. The financial and legal districts of the City still provide a constant stream of applicants, but we have parents buying for investment so their children can utilise and study in London.'

Islington is now maturing and is a far less risky investment than it has been before

Despite describing the start to 2013 as 'good', James is also quick to add that this year has been hard work. 'The sales market has changed with a lower level of property coming to the market,' he explains. 'Demand for this slightly limited supply is as high as ever and prices have moved positively. Plus, cautious lenders are restricting the number of people who are able to get on the housing ladder. The government has released funds to lenders, but we are yet to see the results of this. However, the market is moving positively.'

And, whatever is happening around us, Islington is – and will always – be a strong market. 'That is due to the location and quality of housing stock,' James says. 'We are central, convenient and undervalued compared to other areas of London. Islington is now maturing and a far less risky investment than it has been before.'

Insider information

✤ Typical property:
We deal with a range of properties from luxury penthouses, substantial four to six bed family homes, new build apartments and houses, and converted properties such as old coach houses.

✤ Average price:
Our average sale price over the last few months has been quite high, sitting at £1m.

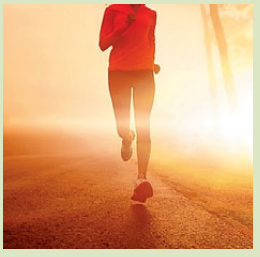
✤ Popular parts:
Islington Green, central Canonbury, Barnsbury and Duncan Terrace remain focal points, but the area between Newington Green and Canonbury station and De Beauvoir are all performing well of late.

What I love...

What do you like best about Angel?
I love the buzz of Islington over the weekends and the evenings, especially now the weather is changing, and it is great to be able to sit and enjoy lunch outside on Upper Street.

What does Angel offer that you don't feel you get anywhere else?
Its eclecticism. Beautiful garden squares, Victorian and Georgian properties, the canal, its proximity to the City and a social mix. Islington also has varied independent shops. It's like a town within a city.

Do you have a favourite restaurant?
I love food and the restaurants in Islington don't help my waistline! Trullo on St. Paul's Road serves mouth-wateringly delicious, seasonal Italian food and is always busy.



Is there a bar or pub you love going to?
The Charles Lamb on Elia Street always has a good atmosphere and great beer.

What's your favourite book, or one you really want to read?
My three sons remove most of any available time to myself. I am currently reading The Looniness of the Long Distance Runner by Russell Taylor – it is a really entertaining account of the madness of the stupid things we do in the name of exercise.

Do you have a favourite band?
Very varied, but anything from Pink Floyd and Jam, to Coldplay and Mumford and Sons. Lots of classical also.

Do you have an Islington 'secret'?
Yes, and I won't tell you! Less of a secret is the Islington Society, which is all about community information and involvement.

✤ James Neilson is Sales Director at Currell, 321 Upper Street N1 2XQ; 020 7226 4200; currell.com

KnightFrank.co.uk

Knight Frank

Pyrland Road, Highbury N5

An elegant family home with a beautiful garden

This very bright house offers substantial proportions over the five floors, with an additional self-contained one bedroom apartment. Main house: 4 bedrooms, 2 bathrooms and en suite, reception room, kitchen, dining room, utility room, study, garden. Lower ground apartment: Bedroom, bathroom, kitchen. EPC rating E. Approximately 3,10.04 sq m (3,333 sq ft)

Freehold

Guide Price: £1,895,000

(ISL130138)

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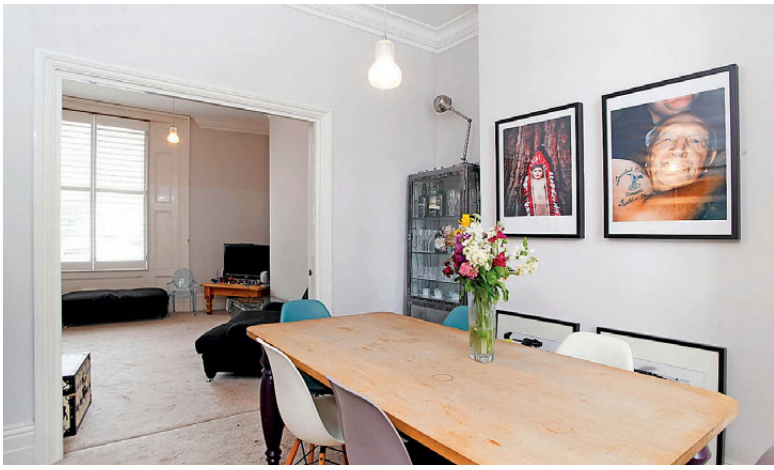

Linton Street, Islington N1

A spacious upper maisonette with a garden

A very bright two bedroom apartment with a side entrance. There is also a south facing garden which is particularly appealing with access to the street. 2 bedrooms, bathroom, kitchen, reception room, dining room, guest WC, garden. Awaiting EPC. Approximately 84 sq m (904 sq ft)

Leasehold

Guide Price: £875,000

(ISL130221)

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Myddelton Square, London EC1R

Prestigious garden square

A stunning maisonette which has been lovingly refurbished to a high standard and comprises an open plan kitchen and reception room with access to a private patio garden, master bedroom, second bedroom with superb built in storage, stylish bathroom, utility room and second shower room. EPC rating C. Approximately 975 SQ FT / 91 SQ M.

Available unfurnished

Guide price: £675 per week

(ISQ181138)

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Prebend Street, Islington N1

Period House

A beautifully refurbished house which is situated in the heart of Islington and is ideally located with easy access into the City. The house comprises 3 double bedrooms, 2 bathrooms, a double reception area, modern kitchen and a private rear garden. EPC rating D. Approximately 1164 SQ FT/ 108 SQ M.

Available unfurnished

Guide price: £895 per week

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(ISQ180796)

Hardwick Street, London EC1R

Heart of Angel

A large and contemporary flat within a modern building in an excellent location. The flat comprises a master bedroom with good storage and en suite, second bathroom, large study area/second bedroom, open plan kitchen living area and a large garden. EPC rating C. Approximately 646 SQ FT / 60 SQ M

Available furnished

Guide price: £625 per week

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Union Wharf, Arlington square, N1

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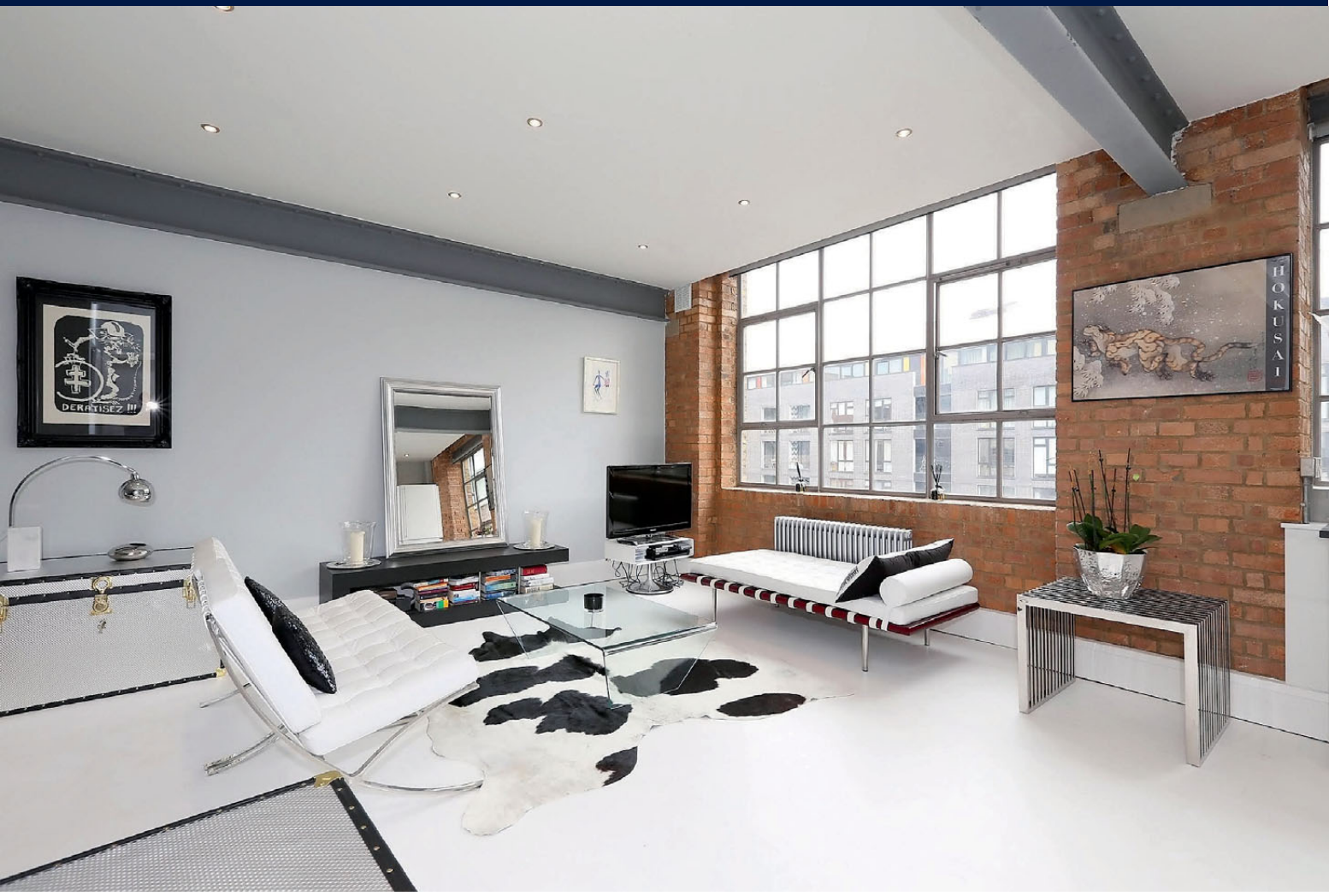

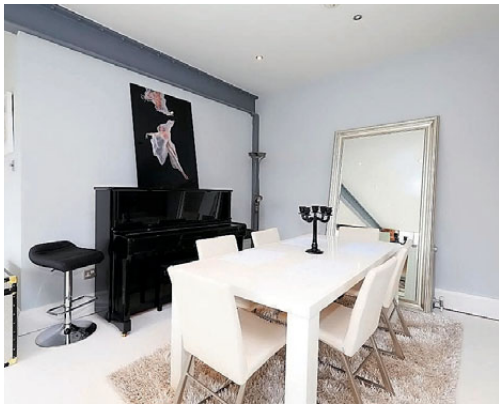

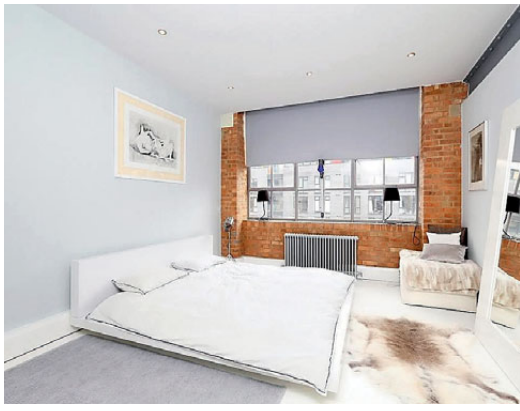

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- Recent Highbury client

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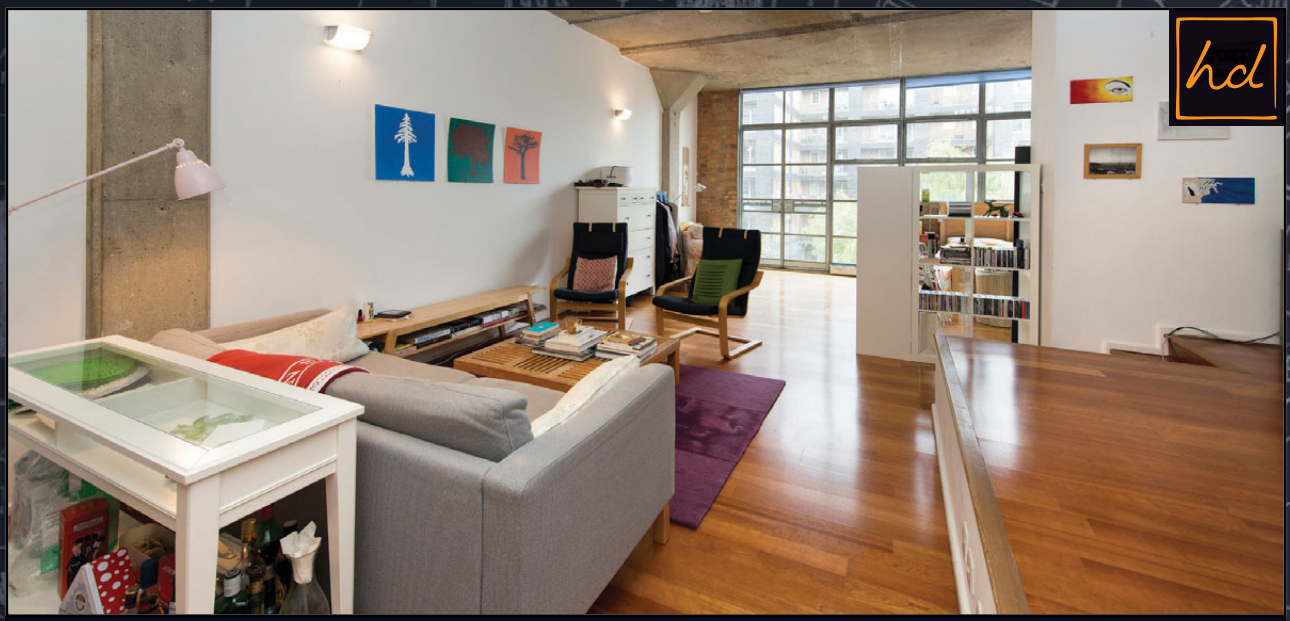
IRVING MEWS N1

Simply stunning 3 bedroom apartment right in the heart of Canonbury. EPC – D

£995,000



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Stunning loft style studio apartment overlooking Regents Canal. EPC – C

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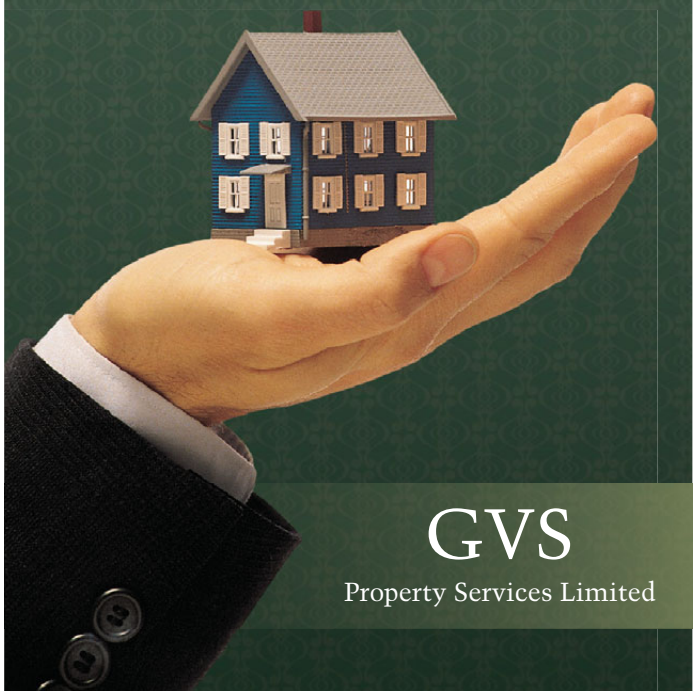


Property NEWS

Notting Hill in Islington

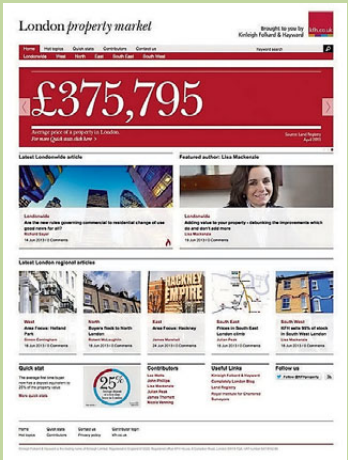
City Road, built in 1761 to connect Islington to the City of London, has been rediscovered by young professionals seeking homes within walking distance of the burgeoning employment centres of King's Cross and Old Street. Thanks to the government's multi-million pound support for regenerating the Old Street roundabout area, it is becoming Europe's centre for high tech start-ups and entrepreneurs.

Those seeking luxury accommodation will appreciate Folio, Notting Hill London's new development of 71 private homes on Micawber Street. Folio comprises two and three bedroom apartments, four bedroom houses and six commercial units. Eight of the apartments on the top (6th) floors at Folio are premier properties.

✤ Prices for the new homes at Folio start from £595,950; foliolondon.com

MOVERS AND SHAKERS

Want to keep abreast of the latest goings-on in the Islington property market? Well KFH has launched an independent blog dedicated to discussing everything about this and what's happening across the capital. The London property market blog aims to analyse a range of topics including all aspects of the residential sales and lettings markets, commercial property and mortgages, while offering helpful guides, statistics and highlighting topical issues.



HEADING NORTH

UK house prices increased by 0.3% in June and were 1.9% higher than a year ago with the typical UK home worth £168,941, according to the latest Nationwide index

Street of the month

✤ Who is buying there: Northchurch Terrace houses offer great spaces for those with a family, or those wanting to start a family.

✤ Typical price: Average prices for flats start at around £600,000 for a two bedroom apartment, and Savills are currently offering a four bed house with a fantastic garden for £1.65m.

NORTHCHURCH TERRACE

This is an attractive tree-lined street of similar Victorian houses. The houses are typically three to four floors, offering around 2,000sq ft of space, with rear gardens of at least 50ft. The main attraction of these houses is the width, as many houses are double fronted, and the street is a no-through-road, meaning that it is always peaceful.

What is particularly special about this road is that a number of houses take part in The National Gardens Scheme, which Savills sponsor – a lovely opportunity to look around well maintained and pretty gardens whilst enjoying a piece of home-made cake!

The local amenities are well known to both De Beauvoir and Islington residents. The De Beauvoir Deli is owned by a local resident and particularly deserves a mention. There are many popular pubs and restaurants too, which include The Northgate and The Scolt Head. In terms of bespoke shops, Mr All Sorts is also a De Beauvoir gem, stocking small antiques to large pieces of furniture.

✤ By Jo-Anne Neighbour, Savills Islington, 020 7354 6701

Properties to buy in your neighbourhood

LOCAL LUXE

Three bedroom apartment with stunning views

Featuring a high level of specification, this apartment in the Wenlock Building has bright accommodation over two levels.

✤ Knight Frank, 353 Upper Street N1 0PD; 020 3657 7340; knightfrank.co.uk

Refurbished home in De Beauvoir

This charming 1,645sq ft period house on Englefield Road, N1, has been tastefully finished whilst retaining original features, and includes four bedrooms and a 52ft garden.

✤ Hamptons International, 97-99 Upper Street N1 0NP; 020 7717 5103; hamptons.co.uk

Prestigious penthouse launched

Located almost directly opposite Shoreditch High Street station, Avant-garde is a 25-storey building from Telford Homes, and they have just launched the final unit, a 1,924sq ft prestigious penthouse.

✤ Call 020 3620 8003 or visit telfordhomes.plc.uk

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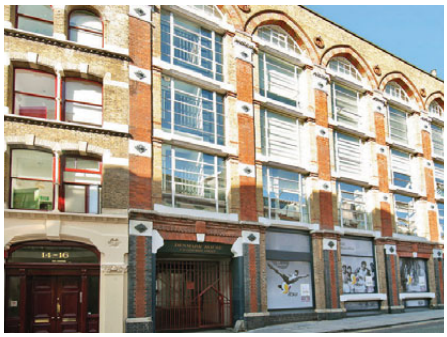
CLUTTONS



Denmark House London EC1M

reception room | 2 bedrooms | 2 bathrooms | kitchen/breakfast room
further bedroom/study | lift | EPC rating C

A warehouse apartment offering over 2,700 sq ft of characterful accommodation in the heart of Clerkenwell and within a stone's throw of Farringdon station

Guide price **£2,500,000 leasehold**

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Islington office
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CLUTTONS

Conewood Street London N5

reception room | 3 bedrooms | 3 bathrooms | kitchen/breakfast room
decked terrace | garden | EPC rating F

A beautifully refurbished semi-detached family home offering almost 1,800 sq ft of bright and flexible accommodation on this popular residential street in Highbury

Guide price **£1,350,000 freehold**

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Islington office
020 7354 6666

cluttons.com

CLUTTONS

Gray's Inn Road London WC1X

reception room with open-plan kitchen | 3 bedrooms | bathroom
EPC rating D

A spacious upper maisonette with a bright and modern interior in a highly central location with Farringdon, Chancery Lane and Holborn stations all within easy reach

Furnished **£650 per week**

Duncan Terrace London N1

reception room | dining room with open-plan kitchen | bedroom | bathroom
private garden | EPC rating D

A contemporary apartment with private garden in a prime Angel location adjacent to Duncan Terrace Gardens

Furnished/unfurnished **£625 per week**

islington@cluttons.com

Islington office
020 7354 6666

cluttons.com

CLUTTONS

Offord Road London N1

double reception room with open-plan kitchen | 3 bedrooms | bathroom | study
garden | EPC rating C

A split-level garden apartment with high ceilings in a lovely Barnsbury location close to a wide range of amenities on Upper Street and excellent transport links nearby

Furnished/unfurnished **£625 per week**

Witherington Road London N5

reception room | bedroom | bathroom | kitchen | private garden
EPC rating D

A bright apartment in an attractive period building situated in a desirable Highbury location close to Highbury & Islington and Holloway Road station

Unfurnished **£385 per week**

Islington office
020 7354 6666

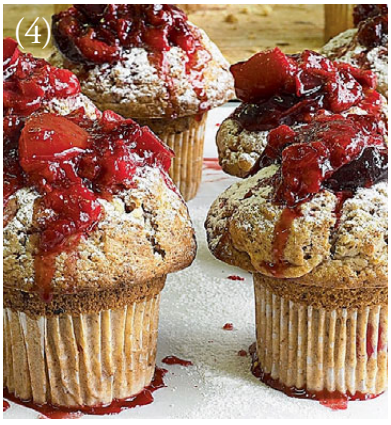
islington@cluttons.com

My Angel

(3)

Stephen Einhorn has been producing stunning bespoke jewellery on Upper Street for the last 25 years. He is one of the very few jewellers who hand makes everything from their in-house studios, and he was one of the first designers to notice a gap in the market for men's jewellery. He has created works for Hollywood films including Dark Shadows.

(2)



(4)

I designed my new luxury men's ID collection… to incorporate a different fastening on a classic ID bracelet. I sketched out a few ideas and came up with this design – a new type of fastening that looks like a snap but isn't. For the ring it wasn't practical to have a working catch, so I used the design of the snap, but added the loose link chain that gives it movement and makes it comfortable to wear. (1)

It is really important to me… that we manufacture in Britain and employ people in this country. Britain used to have a strong reputation for manufacturing all around the world and it's a tragedy that this is not being nurtured. In my own way I want to bring back British craftsmanship. (2)

(1)

Everyone said we were crazy to open on Upper Street, but we stuck to our guns and are still here

I like to design simple and elegant pieces… but I want everyone to like them and everyone or anyone to wear them. Our customers are all very mixed in age and style so a definite Stephen Einhorn look would be 'individuality'.

My family has always been based here and still are… so Upper Street seemed like a good place to be, although it was really different when we first opened here. Everyone said we were crazy, that there would be no passing trade and that the area certainly would not support a high-end jeweller. We stuck to our guns and are still here, but the area has changed beyond recognition over the last 20 years.

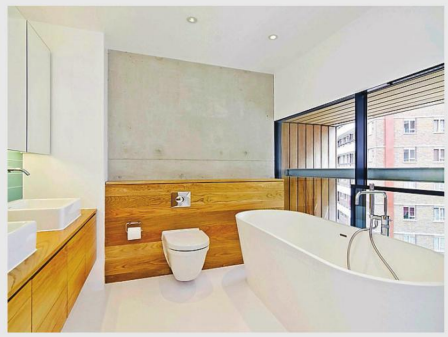
My favourite thing about Angel… is without doubt Chapel Market.

I have lots of Islington 'secrets'… such as the building that we are in used to be part of a department store called Rackstraws. Also did you know that sheep used to be fattened up on Islington Green before they went to Smithfield? Not exactly a secret but interesting! (3)

My local hot spots are… Madam Chi, which makes the best coffee, Ottolenghi, Zilouf's, and the recently refurbished Myddleton Arms. (4)

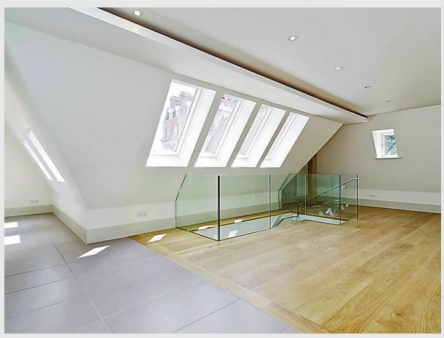
✤ 210 Upper Street N1 1RL; 020 7359 4977; stepheneinhorn.co.uk

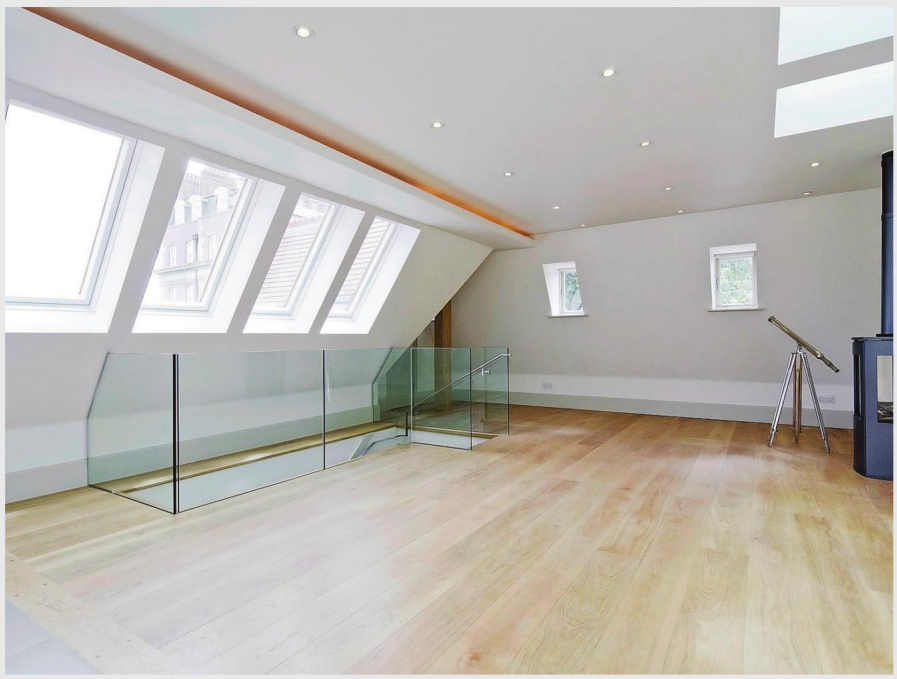
See more local gems at theangelresident.co.uk and follow us on Twitter (@angelmag) and Facebook (facebook.com/TheAngelResident)



Gee Street, EC1V £1,300 per week LONG LET

Hampton's are pleased to offer this stunning penthouse apartment in the heart of Clerkenwell offering a mixture of urban and contemporary features throughout moments from transport links. Three Bedrooms / Brand New / Warehouse Features / **EPC:B**





Little Russell Street, WC1A £1,495 per week LONG LET

Hampton's are pleased to offer this unique and quirky three bedroom penthouse apartment located in the heart of Bloomsbury with high specification fittings throughout. Three Bedrooms / Two Bathrooms / High Specification / **EPC:B**

Islington Office
Lettings. 020 7717 5455 | islingtonlettings@hamptons-int.com

Available on the App Store

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